

COVID-19 admission risk tools should include multiethnic age structures, multimorbidity and deprivation metrics for air pollution, household overcrowding, housing quality and adult skills

Marina A Soltan,^{1,2,3} Justin Varney,⁴ Benjamin Sutton,^{2,5} Colin R Melville,⁶ Sebastian T Lugg,^{1,2} Dhruv Parekh,^{1,2,5} Will Carroll,⁷ Davinder P Dosanjh,^{1,2,5} David R Thickett^{1,2,8}

To cite: Soltan MA, Varney J, Sutton B, *et al.* COVID-19 admission risk tools should include multiethnic age structures, multimorbidity and deprivation metrics for air pollution, household overcrowding, housing quality and adult skills. *BMJ Open Res* 2021;**8**:e000951. doi:10.1136/bmjresp-2021-000951

► Additional supplemental material is published online only. To view, please visit the journal online (<http://dx.doi.org/10.1136/bmjresp-2021-000951>).

Received 6 April 2021
Accepted 10 July 2021



© Author(s) (or their employer(s)) 2021. Re-use permitted under CC BY. Published by BMJ.

For numbered affiliations see end of article.

Correspondence to
Dr Marina A Soltan;
M.Soltan@bham.ac.uk

ABSTRACT

Background Ethnic minorities account for 34% of critically ill patients with COVID-19 despite constituting 14% of the UK population. Internationally, researchers have called for studies to understand deterioration risk factors to inform clinical risk tool development.

Methods Multicentre cohort study of hospitalised patients with COVID-19 (n=3671) exploring determinants of health, including Index of Multiple Deprivation (IMD) subdomains, as risk factors for presentation, deterioration and mortality by ethnicity. Receiver operator characteristics were plotted for CURB65 and ISARIC4C by ethnicity and area under the curve (AUC) calculated.

Results Ethnic minorities were hospitalised with higher Charlson Comorbidity Scores than age, sex and deprivation matched controls and from the most deprived quintile of at least one IMD subdomain: indoor living environment (LE), outdoor LE, adult skills, wider barriers to housing and services. Admission from the most deprived quintile of these deprivation forms was associated with multilobar pneumonia on presentation and ICU admission. AUC did not exceed 0.7 for CURB65 or ISARIC4C among any ethnicity except ISARIC4C among Indian patients (0.83, 95% CI 0.73 to 0.93). Ethnic minorities presenting with pneumonia and low CURB65 (0–1) had higher mortality than White patients (22.6% vs 9.4%; $p<0.001$); Africans were at highest risk (38.5%; $p=0.006$), followed by Caribbean (26.7%; $p=0.008$), Indian (23.1%; $p=0.007$) and Pakistani (21.2%; $p=0.004$).

Conclusions Ethnic minorities exhibit higher multimorbidity despite younger age structures and disproportionate exposure to unscored risk factors including obesity and deprivation. Household overcrowding, air pollution, housing quality and adult skills deprivation are associated with multilobar pneumonia on presentation and ICU admission which are mortality risk factors. Risk tools need to reflect risks predominantly affecting ethnic minorities.

Key messages

- To what extent are determinants for health, including Index of Multiple Deprivation subdomains with indicators for household overcrowding, housing quality, air pollution and adult skills deprivation, risk factors for presentation with multilobar pneumonia, Intensive Therapy Unit (ICU) admission and outcomes among individual ethnic minority groups hospitalised with COVID-19?
- Ethnic minorities exhibit higher multimorbidity despite younger age structures and disproportionate exposure to unscored risk factors including obesity and hospitalisation from the most deprived quintile for household overcrowding, air pollution, housing quality and adult skills; current admission risk stratification tools do not account for socio-environmental risk factors.
- Understanding the risk factors for presentation with multilobar pneumonia, ICU admission and mortality among individual ethnic minority groups is essential for the identification of patients at risk of deterioration, supporting triage to the appropriate level of care and informing the development of clinical risk stratification tools.

INTRODUCTION

Ethnic minorities account for 34% of critically ill patients with SARS-CoV-2 infection (COVID-19) despite constituting 14% of the UK population according to the UK Office for National Statistics (ONS).¹ Effective triage at the point of admission to hospital is required to ensure that patients from all ethnic groups are risk stratified to the appropriate level of care. Internationally, researchers have called for studies to understand deterioration and

mortality risk factors to inform clinical risk tool development.²

Diagnostic and prognostication models are valuable for risk stratification at the point of admission; more than 232 models for COVID-19 have been put forward by the academic community.³ However, critical appraisal of these models has identified that candidate models are poorly reported, at high risk of bias and their risk stratification performance among individual ethnic groups has not been reported.⁴ Moreover, most of these models are based on retrospective studies and prospective studies are scarce. Yildiz *et al*⁵ recently prospectively compared and validated ISARIC4C, CURB65, NEWS2 and COVIDGRAM and showed that CURB65 and ISARIC4C were useful predictors of mortality in patients with COVID-19. However, they did not study the impact of ethnicity. It is therefore unclear how well these proposed models perform in practice to risk stratify individual ethnic minority groups and whether models sufficiently account for biological and socioenvironmental risk factors to which ethnic minorities are predominantly predisposed.

We aimed to address this knowledge gap by exploring determinants of health, including Index of Multiple Deprivation (IMD) subdomains, as risk factors for presentation, deterioration and mortality by ethnicity and by evaluating the performance of two widely used prognostic models, CURB65 and ISARIC4C, among hospitalised patients diagnosed with COVID-19 by ethnicity.^{6,7}

Clinical training has reinforced that the unmodifiable risk factor of age predisposes to adverse outcomes with little regard to the epidemiological variation in the age structures of different ethnic groups, also known as multi-ethnic age structures. Ethnic minorities have younger age structures that predispose to a lower risk score using current risk stratification tools.⁸ Furthermore, ethnic minorities more frequently exhibit obesity and higher multimorbidity despite presenting younger yet this risk profile is not considered in current risk stratification tools.

Moreover, ethnic minorities are more likely than White patients to be hospitalised with COVID-19 from the most deprived IMD areas.⁹ UK data published by the Office for National Statistics (ONS) shows higher age-standardised mortality rates for COVID-19 in the most deprived IMD areas (3.1 deaths per 100 000 patients) compared with the least deprived (1.4 deaths per 100 000) between 1 March 2020 and 31 July 2020.¹⁰ However, studies have not yet explored individual IMD subdomains as risk factors for presentation with multilobar pneumonia, intensive care unit (ICU) admission and completed hospitalised episode outcomes. The IMD incorporates seven weighted deprivation domains: income, employment, health, crime, barriers to housing and services (BHS), living environment (LE) and education, skills and training (EST).¹¹ BHS, LE and EST domains each have two subdomains. BHS subdomains include: (A) geographical barriers, an indicator of proximity to local services and (B) wider BHS that contains an indicator for

household overcrowding. LE subdomains include: (a) indoor LE, which has an indicator for housing quality and (B) outdoor LE, which has an indicator for air pollution. EST subdomains include: (A) children and younger people's education attainment and (B) adult skills that contains indicators for adult qualifications and English language proficiency.¹¹

Understanding these biological, demographic and socioenvironmental risk factors is invaluable when it comes to evaluating the reliability of current risk stratification tools and informing the development of stratification tools that reflect risk factors to which ethnic minorities are potentially disproportionately predisposed.

METHODS

Design and setting

A multicentre cohort study of hospitalised patients with COVID-19 (n=3671) was performed to explore social determinants of health, including IMD subdomains, as risk factors for presentation with multilobar pneumonia, ICU admission and hospitalised outcomes.

Patient population

COVID-19 positive patients (>16 years old) with a confirmed PCR-positive analysis of a combined nose and throat swab in accordance with Public Health England guidance from four hospitals across the West Midlands, University Hospitals of Birmingham, between 1 February 2020 and 1 September 2020 were included.¹²

Patient management

See online supplemental 1.

Data collection and scoring analysis

Hospital informatics data included: demographics (ethnicity, age and IMD), admission details, comorbidities, clinical metrics (observations and blood tests), imaging, ICU admission details and hospitalised episode outcomes. Chest X-rays were reported by radiologists within 12 hours of being undertaken.

Index of Multiple Deprivation

IMD domains and subdomains are detailed above. The IMD categorises deprivation metrics by postcode. Detailed descriptions of IMD metrics are published by the UK Ministry of Housing, Communities and Local Government.¹³

Charlson Comorbidity Index (CCI)

CCI is a validated tool quantifying comorbidity burden and corresponding 1-year mortality risk.¹⁴

CURB65 and ISARIC4C

Characteristics of studies describing CURB65 and ISARIC4C mortality models^{6 15 16} are described in online supplemental 2.

Statistical analysis

Baseline characteristics were presented as mean and SD for continuous variables and median and IQR for non-parametric data. Normality was assessed by Shapiro-Wilk test. For categorical and ordinal variables with non-parametric distribution, Fisher's exact test and Mann-Whitney U test were used respectively for comparisons between two groups. Age-adjusted and sex-adjusted mortality were calculated by logistic regression analyses. Multivariate analysis to predict mortality was performed using stepwise logistic regression with conservative criteria for entry or exit from the model of 0.1. Variables listed in online supplemental 3 were included in multivariate analysis. The Hosmer and Lemeshow goodness-of-fit test was performed to evaluate logistic regression model adequacy. Matched case-control analyses (1:1) using IBM SPSS V.24 were implemented to explore underlying multimorbidity among ethnic minorities; controls were White patients matched by age, gender and deprivation subdomains. Performance of the CURB65 and ISARIC 4C tools among individual ethnic groups were assessed using receiver operating characteristic curves Area Under the Receiver Operator Curve (AUROC). Statistical analyses were carried out using SPSS V.24.

RESULTS

Included participants

A total of 3671 consecutive patients were assessed for inclusion. Online supplemental 4 shows the Consolidated Standards of Reporting Trials diagram.

Study population

Age and sex

The study population is outlined in table 1. Males (54.8%) were hospitalised more than females (45.2%). The median age of all patients was 76.0 (24.0) years. Ethnic minorities were more likely to present age <65 years (OR 4.85 (95% CI 4.02 to 5.84); $p<0.001$) than White patients. Caribbean and White groups presented older (median age >65 years), while Indian, Pakistani, African, Chinese and Bangladeshi groups presented younger (median age <65 years); this is consistent with UK population age structures.⁸

Comorbidities

Comorbidities including obesity, hypertension, ischaemic heart disease (IHD), heart failure, peripheral vascular disease, chronic obstructive pulmonary disease, type 2 diabetes mellitus (T2DM), liver cirrhosis and chronic kidney disease (CKD) were associated with increased mortality (online supplemental 5). Comorbidities by

ethnic group are shown in online supplemental 6. CCI scores among each ethnic minority group were higher than White controls matched by age, sex and deprivation subdomain (online supplemental 7). The average number of comorbidities among African, Pakistani and Caribbean patients was higher than age-matched and sex-matched White controls. Ethnic minorities had higher average Body Mass Index (BMIs) than White patients, with the exception of Indian and Bangladeshi subgroups.

Deprivation: household overcrowding, adult skills, housing quality and air pollution

The proportion of patients admitted to hospital from the most deprived quintile was as follows: wider BHS (59.0%), adult skills (43.6%), indoor LE (42.3%) and outdoor LE (56.5%) (online supplemental 8). ICU admissions by deprivation subdomain are depicted in online supplemental 9.

The proportions of ethnic minorities versus White patients hospitalised from the most deprived quintile by deprivation type was as follows: wider BHS (81.7% vs 50.2%), adult skills (65.8% vs 35.1%), indoor LE (54.6% vs 37.5%) and outdoor LE (81.5% vs 46.9%). A breakdown by ethnic minority subgroup is available in online supplemental 10. Ethnic minorities were more likely than White patients to be admitted from the most deprived quintile of the aforementioned deprivation forms, present with multilobar pneumonia (OR 2.465 (95% CI 2.057 to 2.945); $p<0.001$) and require ICU admission (OR 2.823 (95% CI 2.219 to 3.611); $p<0.001$) (online supplemental file 1).

Admission from highest deprivation subdomain increases risk of presentation with multilobar pneumonia

Patients were more likely to present with radiological multilobar pneumonia if domiciled from the most deprived quintile: wider BHS (OR 1.66 (95% CI 1.42 to 1.95); $p=0.049$), indoor LE (OR 1.54 (95% CI 1.31 to 1.79); $p<0.0001$), outdoor LE (OR 1.76 (95% CI 1.51 to 2.06); $p<0.001$) and adult skills (OR 1.42 (95% CI 1.14 to 1.83); $p=0.003$) compared with patients admitted from all other respective quintiles (figure 1a). Patients presenting with multilobar pneumonia were more likely to require ICU admission (OR 4.93 (95% CI 3.68 to 6.60), $p<0.000$) and die (age and sex adjusted) (OR 2.20 (95% CI 1.84 to 2.63); $p<0.000$) (figure 1a).

Admission from highest deprivation subdomain increases the risk of ICU admission

Patients were more likely to be admitted to ICU if admitted from the most deprived quintile (subdomains 1 and 2): wider BHS (OR 1.28 (95% CI 1.00 to 1.64); $p=0.048$), indoor LE (OR 1.31 (95% CI 1.03 to 1.66); $p=0.028$), outdoor LE (OR 1.49 (95% CI 1.16 to 1.90); $p=0.002$) and adult skills (OR 1.44 (95% CI 1.14 to 1.83); $p=0.002$) compared with patients admitted from all other respective quintiles (figure 1B). Age-adjusted and sex-adjusted

Table 1 A table showing patient characteristics including: age, gender, ethnicity, ICU admission, mortality and discharge

Participant Characteristics		COVID-19					
All study COVID-19 positive patients median age (IQR)	All COVID-19 positive patients N (% of column total)	COVID-19 positive patients with radiological changes of pneumonia N (% of row total)		COVID-19 positive patients with radiological changes of pneumonia N (% of row total)		COVID-19-positive patients without radiological changes of pneumonia N (% of row total)	
		ICU admission N (% of row total)	Discharge N (% of row total)	ICU admission N (% of row total)	Discharge N (% of row total)	ICU admission N (% of row total)	Discharge N (% of row total)
N	2646	1667 (63.0)	1307 (49.4)	979 (37.0)	310 (11.7)	1771 (66.9)	875 (33.1)
Age, median (IQR)	76.0 (24.0)	70.8 (16.5)	69.4 (16.6)	73.7 (17.7)	58.5 (12.5)	68.8 (18.0)	78.1 (12.8)
Gender							
Male	73.0 (24.0)	970 (66.9)	775 (53.5)	479 (33.1)	220 (15.2)	921 (63.6)	528 (36.4)
Female	79.0 (23.0)	697 (58.2)	532 (44.4)	500 (41.8)	90 (7.5)	802 (67.0)	347 (29.0)
Ethnicity							
White	79.0 (19)	1123 (58.6)	831 (43.3)	794 (41.4)	161 (8.4)	1242 (64.8)	675 (35.2)
Indian	63.0 (23.5)	77 (82.8)	66 (71.0)	16 (17.2)	21 (22.6)	67 (72.0)	26 (28.0)
Pakistani	62.0 (29.0)	245 (75.2)	216 (66.3)	81 (24.8)	66 (20.2)	227 (69.6)	99 (30.4)
Caribbean	73.0 (28.0)	69 (65.7)	58 (55.2)	36 (34.3)	10 (9.5)	73 (69.5)	32 (30.5)
African	56.0 (17.75)	22 (84.6)	19 (73.1)	4 (15.4)	8 (30.8)	16 (61.5)	10 (38.5)
Any other ethnic group	56.0 (24.0)	83 (74.7)	76 (68.5)	28 (25.2)	31 (27.9)	95 (85.6)	16 (14.4)
Chinese	54.5 (32.5)	12 (75.0)	12 (75.0)	4 (25.0)	6 (37.5)	13 (81.3)	3 (18.8)
Bangladeshi	45.0 (38.0)	6 (54.5)	6 (54.5)	5 (45.5)	2 (18.2)	9 (81.8)	2 (18.2)
Mixed	67.5 (32.0)	15 (68.2)	11 (50.0)	7 (31.8)	2 (9.1)	14 (63.6)	8 (36.4)
Unspecified	57.0 (28.0)	15 (78.9)	12 (63.2)	4 (21.1)	3 (15.8)	15 (78.9)	4 (21.1)
ICU admission	60.00 (18.00)	272 (87.7)	249 (80.3)	38 (12.3)			
Discharge	80.00 (17.00)	1037 (58.6)	797 (45.0)	734 (41.4)			
Mortality	72.0 (28.0)	630 (72.0)	510 (58.3)	245 (28.0)			

All COVID-19 positive patients N (% of column total).
ICU, intensive care unit.

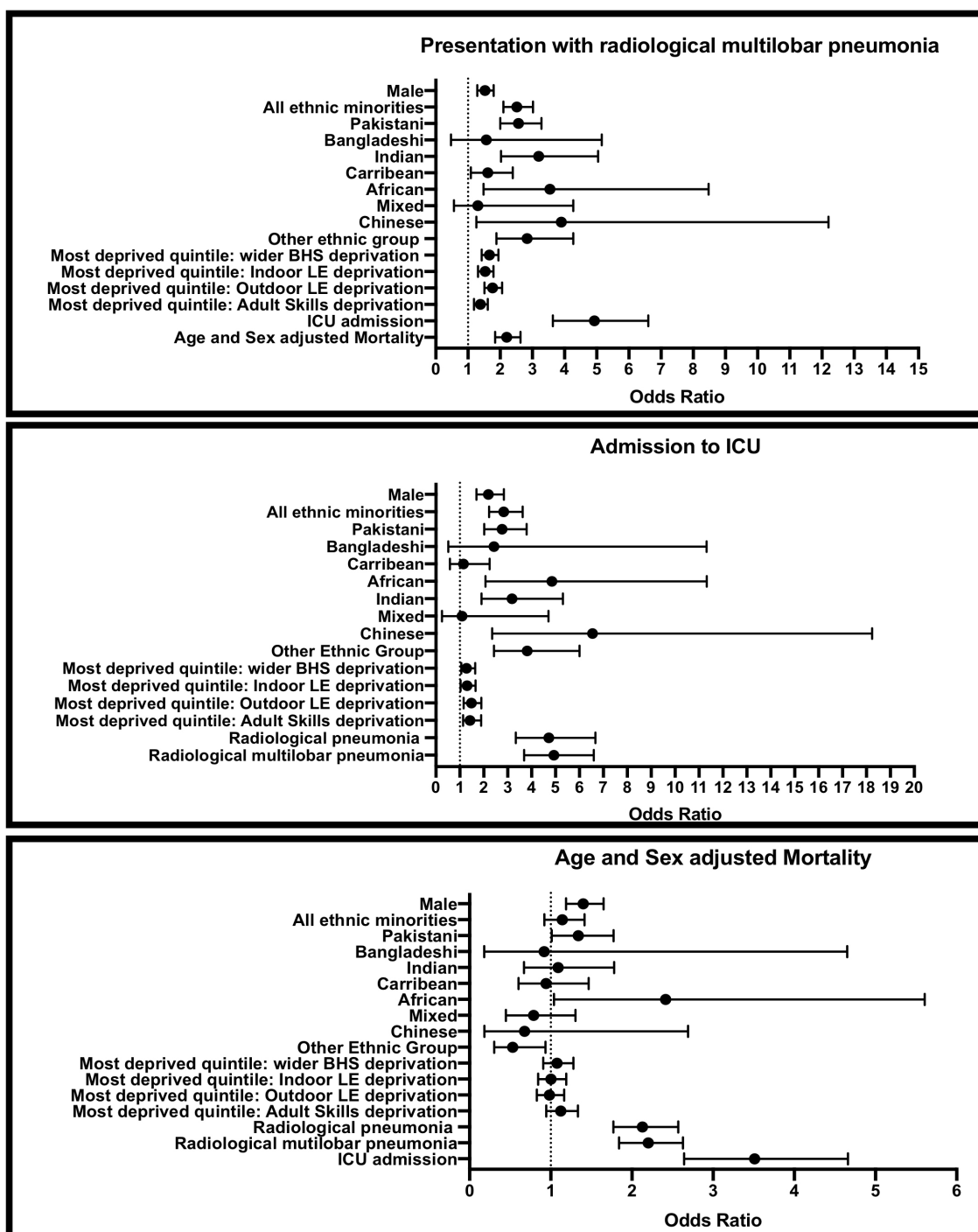


Figure 1 ORs of hospitalised patients with COVID-19 presenting with multilobar pneumonia, requiring ICU admission and mortality (age and sex adjusted). (A) ORs of presentation with multilobar pneumonia by: gender, ethnicity (all ethnic minorities, Pakistani, Bangladeshi, Indian, Caribbean, African, mixed, Chinese, other ethnic group vs Caucasian), admission from most deprived quintile (wider BHS, indoor LE, outdoor LE, adult skills) versus admission from all other respective deprivation areas and presentation with pneumonia (radiological pneumonia vs radiological multilobar pneumonia) versus presentation without pneumonia; (B) ORs of ICU admission by: gender, ethnicity (all ethnic minorities, Pakistani, Bangladeshi, Indian, Caribbean, African, mixed, Chinese, other ethnic group vs Caucasian), admission from the most deprived quintile (wider BHS, indoor LE, outdoor LE and adult skills) versus admission from all other respective deprivation areas and presentation with pneumonia (radiological pneumonia vs radiological multilobar pneumonia) versus presentation without pneumonia; (C) ORs of age-adjusted and sex-adjusted mortality by: gender, ethnicity (all ethnic minorities, Pakistani, Bangladeshi, Indian, Caribbean, African, mixed, Chinese, other ethnic group vs Caucasian), admission from the most deprived quintile (wider BHS, indoor LE, outdoor LE and adult skills) versus admission from all other respective deprivation areas, presentation with pneumonia (radiological pneumonia and radiological multilobar pneumonia) versus presentation without pneumonia and ICU admission versus not admitted to ICU. BHS, barriers to housing and services; LE, living environment.

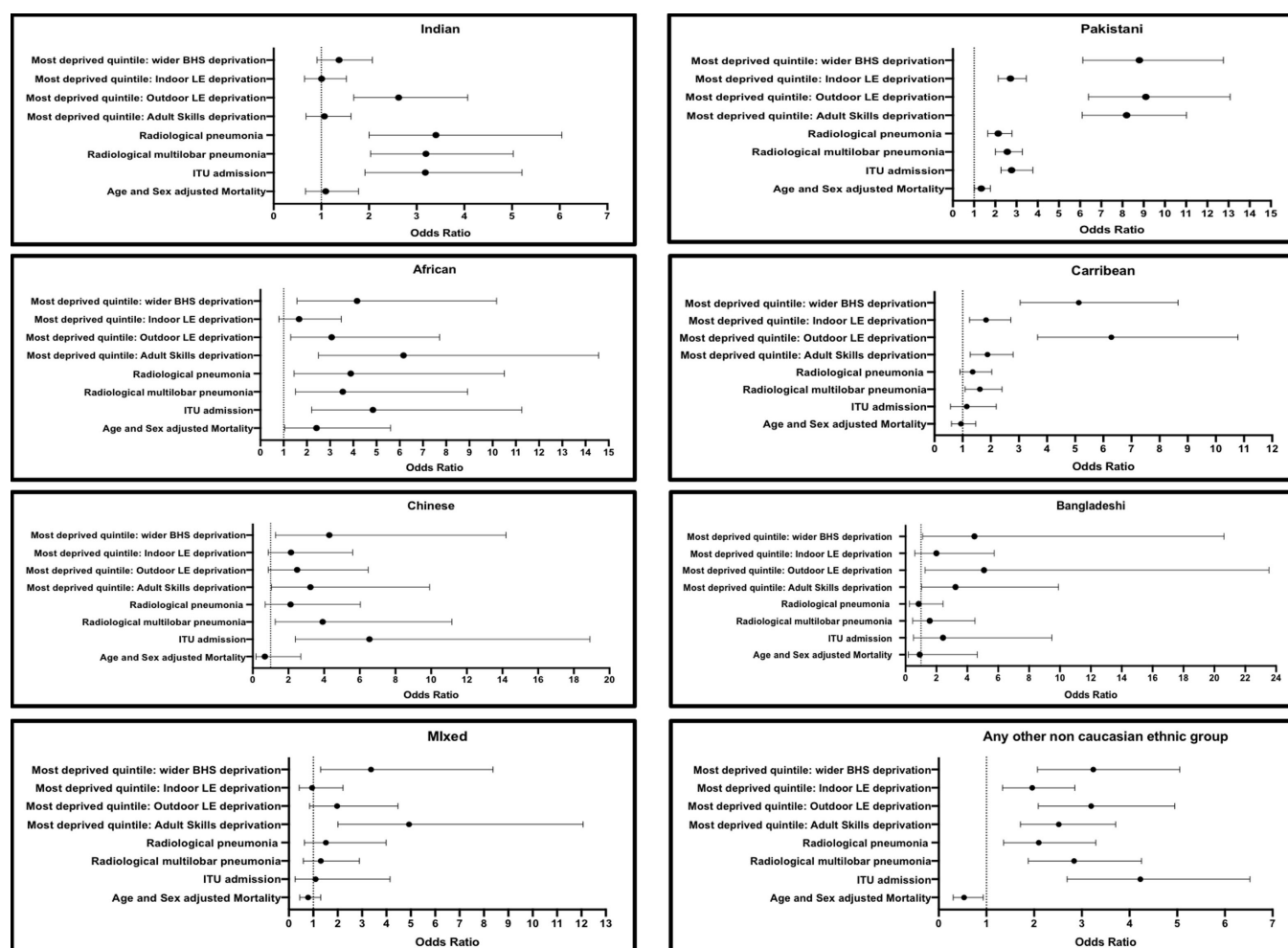


Figure 2 ORs of hospitalised COVID-19 positive patients of (A) Pakistani, (B) Indian, (C) Bangladeshi, (D) African, (E) Caribbean, (F) Chinese, (G) mixed and (H) any other ethnicity by: admission from the mostdeprived quintile (wider BHS, indoor LE, outdoor LE, adult Skills), ITU admission and mortality (age and sex adjusted). BHS, barriers to housing and services; LE, living environment.

mortality was higher among patients admitted to ICU (OR 3.51 (95% CI 2.64 to 4.66); $p < 0.000$) (figure 1B).

Ethnic minorities: IMD subdomains, presentation and ICU admission

Indian

Indian patients were more likely than White patients to be admitted from the most deprived quintile: outdoor LE deprivation (OR 2.62 (95% CI 1.68 to 4.07); $p < 0.001$), present with multilobar pneumonia (OR 3.20 (95% CI 2.03 to 5.03); $p < 0.001$) and require ICU admission (OR 3.18 (95% CI 1.91 to 5.31); $p < 0.001$) (figure 2A).

Pakistani

Pakistani patients were more likely than White patients to be admitted from the most deprived quintile: wider BHS (OR 8.80 (95% CI 6.13 to 12.76); $p < 0.001$), outdoor LE (OR 9.10 (95% CI 6.39 to 13.08); $p < 0.001$), indoor LE (OR 2.71 (95% CI 2.14 to 3.46); $p < 0.001$), adult skills (OR 8.20 (95% CI 6.10 to 11.02); $p < 0.001$), present with multilobar pneumonia (OR 2.57 (95% CI 2.01 to 3.28);

$p < 0.001$) and require ICU admission (OR 2.77 (95% CI 2.02 to 3.79); $p < 0.000$) (figure 2B).

African

Africans were more likely than White patients to be admitted from the most deprived quintile: wider BHS (OR 4.16 (95% CI 1.58 to 10.17); $p = 0.002$), outdoor LE (OR 3.07 (95% CI 1.31 to 7.72); $p = 0.009$), adult skills (OR 6.16 (95% CI 2.50 to 14.57); $p < 0.001$), present with multilobar pneumonia (OR 3.55 (1.51–8.92); $p = 0.004$) and require ICU admission (OR 4.85 (95% CI 2.08 to 11.32); $p < 0.000$) (figure 2C).

Caribbean

Caribbean patients were more likely than White patients to be admitted from the most deprived quintile: wider BHS (OR 5.13 (95% CI 3.04 to 8.65); $p < 0.001$), indoor LE (OR 1.83 (95% CI 1.25 to 2.71); $p = 0.003$), outdoor LE (OR 6.29 (95% CI 3.66 to 11.05); $p < 0.001$), adult skills (OR 1.88 (95% CI 1.28 to 2.78); $p = 0.002$) and present with multilobar pneumonia (OR 1.61 (95% CI 1.09 to

2.40); $p=0.020$) (figure 2D). Caribbean patients were not more likely to require ICU admission ($p>0.05$).

Chinese

Chinese patients were more likely than White patients to be admitted from the most deprived quintile: wider BHS (OR 4.29 (95% CI 1.27 to 14.20); $p=0.021$), present with multilobar pneumonia (OR 3.92 (95% CI 1.26 to 11.16); $p=0.020$) and require ICU admission (OR 6.54 (95% CI 2.35 to 18.24); $p<0.000$) (figure 2E).

Bangladeshi

Bangladeshi patients were more likely than White patients to be admitted from the most deprived quintile: wider BHS (OR 4.46 (95% CI 1.11 to 20.63); $p=0.037$), outdoor LE (OR 5.09 (95% CI 1.27 to 23.53); $p<0.001$) and adult skills (OR 3.24 (95% CI 1.04 to 9.91); $p=0.048$) although they were not more likely to present with multilobar pneumonia or require ICU admission (figure 2F).

Mixed

Mixed ethnicity patients were more likely than White patients to be admitted from the most deprived quintile: wider BHS (OR 3.37 (95% CI 1.30 to 8.37); $p=0.016$) and adult skills (OR 4.93 (95% CI 2.01 to 12.07); $p=0.001$) although they were not more likely to present with multilobar pneumonia or require ICU admission (figure 2G).

Any other non-White ethnic group

Patients of any other non-White ethnicity were more likely than White patients to be admitted from the most deprived quintile: wider BHS (OR 3.24 (95% CI 2.07 to 5.06); $p<0.001$), indoor LE (OR 1.96 (95% CI 1.34 to 2.85); $p<0.001$), outdoor LE (OR 3.20 (95% CI 2.08 to 4.95); $p<0.001$), adult skills (OR 2.52 (95% CI 1.71 to 3.71); $p<0.001$), present with multilobar pneumonia (OR 2.84 (95% CI 1.88 to 4.25); $p<0.001$) and require ICU admission (OR 3.82 (95% CI 2.43 to 6.01); $p<0.000$) (figure 2h).

Risk factors for mortality

Multivariate analysis including variables shown in online supplemental 3 identified seven variables that were independently associated with mortality: age, sex, obesity, cirrhosis, Ischaemic Heart Disease (IHD), CCI score and presentation with multilobar pneumonia.

Clinical risk stratification tools

AUROC was used to test the performance of the CURB65 and ISARIC 4C scores in predicting in-hospital mortality by ethnic group. Highest AUROC curves were achieved by the ISARIC4C score for the prediction of in-hospital mortality among Indian patients (OR 0.83; 95% CI 0.73 to 0.93). Area under the curve (AUC) did not exceed 0.7 for CURB65 or ISARIC4C among any of the other ethnic groups (figure 3 and online supplemental 12).

Ethnic minorities with pneumonia and low CURB65 scores (0–1) had higher mortality than White patients (OR 22.6% vs 9.4%; $p<0.001$); Africans were at highest risk 38.5% (OR 6.05 (95% CI 2.13 to 18.89); $p=0.006$), followed by Caribbean 26.7% (OR 3.52 (95% CI 1.53 to 8.45); $p=0.008$), Indian 23.1% (OR 2.90 (95% CI 1.43 to 6.07); $p=0.007$) and Pakistani 21.2% (OR 2.56 (95% CI 1.42 to 4.66); $p=0.004$). Table 2 disaggregates CURB65 scores by ethnic group.

DISCUSSION

Ethnic minorities are more likely to be hospitalised with COVID-19 from areas of highest deprivation. Admission from areas of highest indoor LE deprivation, outdoor LE deprivation, wider BHS deprivation and adult skills deprivation are associated with multilobar pneumonia on presentation and ICU admission, which are mortality risk factors. Deprivation metrics are not incorporated within current clinical admission risk stratification tools for hospitalised patients with COVID-19. This may explain the higher ICU admissions among ethnic minorities reported by ICNARC and ONS data reporting higher age standardised mortality rates among patients in the most deprived IMD areas.^{1 10}

Socioenvironmental risk factors have long been neglected from our frontline clinical risk stratification of acutely unwell patients including patients with COVID-19 pneumonia, despite a body of literature demonstrating the health risks. First, air pollutants are known to compromise the host's immune response against invading pathogens in the respiratory tract.¹⁷ Chronic exposure to nitrogen dioxide and sulphur dioxide concentrations are associated with incidence of pneumonia,¹⁸ while particulate matter increases the activity of ACE 2 receptors on cell surfaces,¹⁹ thus enhancing COVID-19 uptake by the lungs. Second, household overcrowding and housing quality failing to meet the Decent Homes Standard has been linked to an increased risk of exposure to and spread of pathogenic species including bacteria, fungal and viral pathogens as well as an increased incidence of pneumonia.^{20 21} National UK studies have recorded associations between: (A) household overcrowding and testing positive for COVID-19²² and (B) household overcrowding involving a multigenerational household and increased mortality from COVID-19 amounting to a 10%–15% elevated risk among older females from South Asian background.²³ Third, cultural variations, language barriers and adult qualification levels contribute to delayed symptom identification, reporting and/or presentation with coronavirus resulting in an increased risk of multilobar pneumonia on presentation.²⁴ Minimising deprivation inequalities in air pollution, household overcrowding, housing quality and adult skills is essential to reduce the disease burden of COVID-19 community acquired pneumonia.^{25 26} Meanwhile, capturing these hidden socioenvironmental risk factors within our admission clinical risk stratification tools is

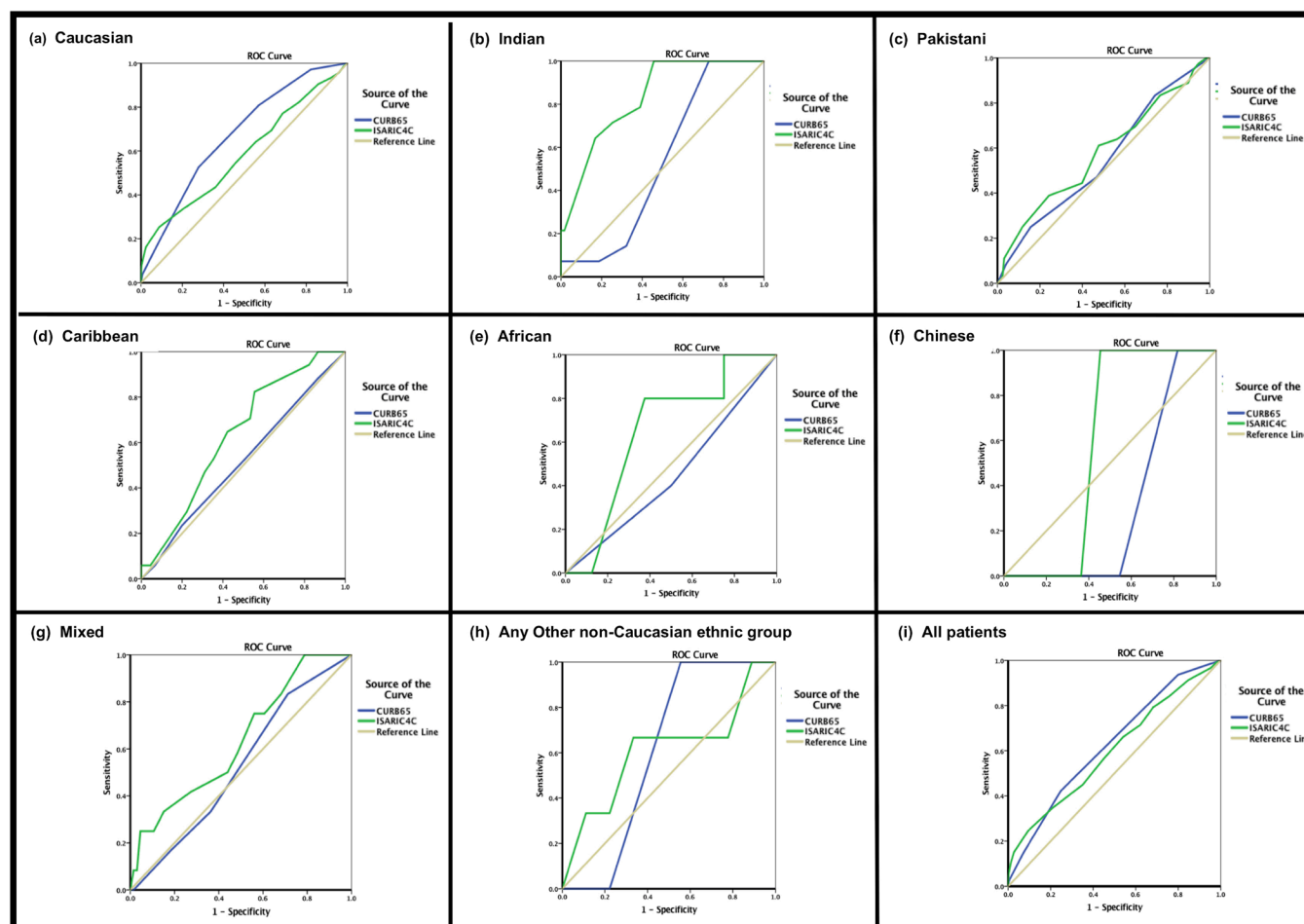


Figure 3 Graphs showing receiver operating characteristics curve for the CURB65 and ISARIC 4C scores by ethnicity: (A) Caucasian, (B) Indian, (C) Pakistani, (D) Caribbean, (E) African, (F) Chinese, (G) mixed, (H) any other ethnic group and (I) all patients.

essential for ensuring that admission risk tools reflect risk factors to which patients from a range of demographic backgrounds are exposed with resultant triage to the appropriate level of care.

Furthermore, more needs to be done to ensure that admission clinical risk tools account for factors to which ethnic minorities are predominantly predisposed. Ethnic minorities exhibit younger epidemiological age structures that result in underscoring using the 232 diagnostic or prognostic clinical risk stratification tools identified in a relevant systematic review.³ Moreover, despite presenting with younger age structures, ethnic minorities present with higher CCI scores and a higher incidence of obesity yet neither factor is accounted for in commonly used COVID-19 admission clinical risk stratification tools. Clusters of disease are known to increase mortality,²⁷ and affect ethnic groups differently,²⁸ yet current COVID-19 admission clinical risk tools do not account for clusters of disease or CCI scores despite warning from the UK's Chief Medical Officer regarding rising multimorbidity and the resultant challenges for acute and long-term care provision.²⁹ Hospitalised COVID-19 patients with underlying obesity, hypertension, IHD, heart failure, Chronic

Kidney Disease (CKD), Peripheral Vascular Disease (PVD), Type 2 Diabetes Mellitus (T2DM) and cirrhosis are at increased risk of mortality.

The oversight of scoring biological, demographic and socioenvironmental risk factors to which ethnic minorities are predominantly predisposed results in potential underscoring and triage to an inappropriate level of care, while clinicians are left falsely reassured regarding the severity of presentation and risk of deterioration.

It is perhaps therefore not surprising that the AUROC analyses demonstrated generally poor performance of the CURB65 and ISARIC 4C admission risk stratification tools among individual ethnic groups hospitalised with COVID-19. The only exception was the optimum performance of the ISARIC 4C tool in predicting mortality among the Indian cohort, which was domiciled from areas of relatively lower deprivation profiles compared with other ethnic minorities. Ethnic minorities presenting with pneumonia and low CURB65 scores (0–1) have higher mortality than White patients; Africans are at highest risk, followed by Caribbean, Indian and Pakistani. The findings in this study are consistent with those of a recent study of COVID-19 pneumonia patients

	CURB65 score 0–1				CURB65 score 2				CURB65 scores 3–5			
	Number of patients presenting with pneumonia	Number of patients with CURB65 score data	Total no N (% of total)	Died N (% of patients with CURB65 0–1)	Discharged N (% of patients with CURB65 0–1)	Total no N (% of total)	Died N (% of patients with CURB65 2)	Discharged N (% of patients with CURB65 2)	Total no N (% of total)	Died N (% of patients with CURB65 3–5)	Discharged N (% of patients with CURB65 3–5)	
White	1123	1110	427 (38.5)	40 (9.4)	387 (90.6)	322 (29.0)	59 (18.3)	263 (81.7)	361 (32.5)	110 (30.5)	251 (69.5)	
Ethnic minorities	529	419	252 (60.1)	57 (22.6)	196 (77.8)	92 (22.0)	16 (17.4)	77 (83.7)	76 (18.1)	16 (21.1)	58 (76.3)	
Pakistani	245	163	85 (52.1)	18 (21.2)	68 (81.9)	46 (28.2)	8 (17.4)	39 (84.8)	32 (19.6)	9 (28.1)	21 (61.8)	
Indian	77	73	52 (71.2)	12 (23.1)	40 (76.9)	9 (12.3)	1 (11.1)	8 (88.9)	12 (2.7)	1 (8.3)	11 (91.7)	
Caribbean	69	62	30 (48.4)	8 (26.7)	22 (73.3)	19 (30.6)	5 (26.3)	14 (73.7)	13 (21.0)	4 (30.8)	9 (69.2)	
African	22	13	13 (100)	5 (38.5)	8 (61.5)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0.0)	0 (0.0)	
Chinese	12	12	6 (50.0)	1 (16.7)	5 (83.3)	3 (25.0)	0 (0)	3 (100)	3 (25.0)	0 (0.0)	3 (100)	
Bangladeshi	6	5	5 (100)	0 (0.0)	5 (100)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0.0)	0 (0.0)	
Mixed	15	12	8 (76.9)	2 (25.0)	6 (75.0)	2 (7.7)	1 (50.0)	1 (50.0)	2 (15.4)	0 (0.0)	2 (100)	
Any other ethnic group	83	79	51 (64.6)	9 (17.6)	42 (82.4)	14 (17.7)	2 (14.3)	12 (85.7)	14 (17.7)	2 (14.3)	12 (85.7)	
Unspecified	15	15	9 (60.0)	0 (0.0)	9 (100)	5 (33.3)	1 (20.0)	4 (80.0)	1 (6.7)	0 (0)	1 (100)	
Total	1667	1544										

(n=279), which found that, as a largely physiological assessment, CURB65 is an unreliable mortality risk tool in COVID-19 pneumonia.³⁰ Generally, ISARIC4C exhibits better performance among hospitalised ethnic minorities than CURB65, which is likely to be in part due to its inclusion of some risk factors to which ethnic minorities are predisposed: scoring >2 comorbidities, CRP and oxygen saturations. The latter two assessment metrics are typical of presentation with pneumonia.^{31 32}

While socioenvironmental deprivation metrics are not included within current admission risk tools, the community-based QCOVID tool for predicting hospital admission incorporates the Townsend deprivation score, which contains indicators for unemployment, household overcrowding, and car and home ownership.³³ However, a limitation of the Townsend score is the absence of air pollution data, housing quality data or adult skills data that are risk factors for presentation with multilobar pneumonia and ICU admission. Yet, it is true to say that no assumptions can be made about the exposure of a given individual to constituent risk factors within the Townsend score, IMD, its domains and subdomains, as these rely on Census data by geographical area or post-code. This paper uses the most granular level of IMD deprivation metrics available, namely, IMD subdomains. While the IMD considers multiple national sets of data to come up with an overall rank for deprivation factors and is the official measure of relative deprivation for small areas in England, a limitation of the IMD is that the outdoor LE subdomain includes indicators for both air pollution and road traffic accidents. We believe that consideration should be given to separating these two indicators especially in light of the Ella Kissi Debra case and the Preventing Future Deaths Report.³⁴

An important message from this study is that individual ethnic minorities exhibit distinct risk factor profiles. Although this study includes hospitalised patients with COVID-19 within four hospitals across the West Midlands constituting one of the UK's largest National Health Service Trusts, one of the challenges of analysing ethnic minority group data relates to small groups and wide CIs that adds a level of uncertainty introducing a need for interpreting small cohorts with caution.

A surprising finding is that Caribbean patients did not appear to be at increased risk of mortality despite presenting 17 years older than African patients. This was despite both groups exhibiting a similarly high multimorbidity burden and being more likely than White patients to be admitted from areas of highest wider BHS deprivation, outdoor LE deprivation and adult skills deprivation. Nevertheless, several hypotheses have been put forward to explain the increased mortality among Africans including the high prevalence of glucose-6-phosphate dehydrogenase deficiency which, it has been suggested, may increase viral replication and susceptibility to viral infections by inducing oxidative stress; antioxidants have been found to be protective against viral infection.³⁵ Further studies are needed to explore genetic,

immunological and metabolic differences between African and Caribbean groups.

CONCLUSION

Ethnic minorities exhibit younger age structures, higher multimorbidity and disproportionate exposure to unscored risk factors including obesity and deprivation resulting in potential triage to an inappropriate level of care with clinicians left falsely reassured regarding the severity of presentation and risk of deterioration. Household overcrowding deprivation, air pollution deprivation, housing quality deprivation and adult skills deprivation are associated with multilobar pneumonia on presentation and ICU admission. Risk tools need to reflect risk factors predominantly affecting ethnic minorities.

Consideration of multiethnic age structures, sex, body mass index, CCI score, chest X-ray imaging and deprivation subdomains on admission supports clinicians in stratifying high-risk patients. COVID-19 admission clinical risk stratification tools need to be developed to account for risk factors to which ethnic minorities are predominantly exposed. This will enable the early identification of patients at risk of deterioration and ensure triage to an appropriate level of care.

Future studies need to relate these findings with populations from other urban rural areas with this level of granularity to inform national strategic planning on risk stratification and minimising health inequalities.

Author affiliations

¹Birmingham Acute Care Research Group, Institute of Inflammation and Ageing, University of Birmingham, Birmingham, UK

²University Hospitals Birmingham Foundation NHS Trust, Birmingham, UK

³Health Inequalities Research Unit, England, United Kingdom, Great Britain

⁴Birmingham City Council, Birmingham, UK

⁵Birmingham Lung Research Unit, Birmingham, UK

⁶The University of Manchester Faculty of Medical and Human Sciences, Manchester, UK

⁷University Hospitals North Midlands, Stoke on Trent, UK

⁸College of Medical and Dental Sciences, University of Birmingham, Birmingham, UK

Twitter Marina A Soltan @marinasoltan_

Contributors MAS collected data, undertook data analysis, designed this study and wrote this paper. MAS, BS, CRM, JV, DRT, DPD and WC made substantial contributions to the conception, design of the work and supported data interpretation. All authors revised the final manuscript. All authors contributed to and approved the final version of the manuscript.

Funding DT is funded by the MRC (MR/L002736/1). MS is a funded NIHR Academic Clinical Fellow and reports grants from AstraZeneca (C278.10033.65855).

Competing interests None declared.

Patient consent for publication Not required.

Ethics approval Ethical approval was obtained by the Health Research Authority: REC reference 21/HRA/1299. The study was registered by the UHB Research and Development department – RRR7305.

Provenance and peer review Not commissioned; externally peer reviewed.

Data availability statement All data relevant to the study are included in the article or uploaded as supplementary information.

Supplemental material This content has been supplied by the author(s). It has not been vetted by BMJ Publishing Group Limited (BMJ) and may not have been

peer-reviewed. Any opinions or recommendations discussed are solely those of the author(s) and are not endorsed by BMJ. BMJ disclaims all liability and responsibility arising from any reliance placed on the content. Where the content includes any translated material, BMJ does not warrant the accuracy and reliability of the translations (including but not limited to local regulations, clinical guidelines, terminology, drug names and drug dosages), and is not responsible for any error and/or omissions arising from translation and adaptation or otherwise.

Open access This is an open access article distributed in accordance with the Creative Commons Attribution 4.0 Unported (CC BY 4.0) license, which permits others to copy, redistribute, remix, transform and build upon this work for any purpose, provided the original work is properly cited, a link to the licence is given, and indication of whether changes were made. See: <https://creativecommons.org/licenses/by/4.0/>.

REFERENCES

- 1 ICNARC. Report on 2249 patients critically ill with COVID-19. ICNARC 2020.
- 2 Smith S, Gilbert S, Ariyo K, *et al*. Multidisciplinary research priorities for the COVID-19 pandemic. *Lancet Psychiatry* 2020;7:e40.
- 3 Wynants L, Van Calster B, Collins GS, *et al*. Prediction models for diagnosis and prognosis of covid-19: systematic review and critical appraisal. *BMJ* 2020;369:m1328.
- 4 Gupta RK, Marks M, Samuels THA, *et al*. Systematic evaluation and external validation of 22 prognostic models among hospitalised adults with COVID-19: an observational cohort study. *Eur Respir J* 2020;56:2003498.
- 5 Yildiz H, Castaneres-Zapatero D, Hanneke C, *et al*. Prospective validation and comparison of COVID-GRAM, NEWS2, 4C mortality score, CURB-65 for the prediction of critical illness in COVID-19 patients. *Infect Dis* 2021;53:1–3.
- 6 Lim WSet *al*. Defining community acquired pneumonia severity on presentation to hospital: an international derivation and validation study. *Thorax* 2003;58:377–82.
- 7 Gupta RK, Harrison EM, Ho A, *et al*. Development and validation of the ISARIC 4C deterioration model for adults hospitalised with COVID-19: a prospective cohort study. *Lancet Respir Med* 2021;9:349–59.
- 8 UK Government. Age groups: GOV. UK. *UK Government* 2020.
- 9 Soltan M, Crowley L, Melville C. To what extent are social determinants of health, including household overcrowding, air pollution and housing quality deprivation, modulators of presentation, ITU admission and outcomes among patients with SARS-COV-2 infection in an urban catchment area in Birmingham. *Journal of Infectious Diseases and Therapy* 2021;9:S2–002.
- 10 Office for National Statistics. Deaths involving COVID-19 by local area and socioeconomic deprivation: deaths occurring between 1 March and 31 July 2020. *Office for National Statistics* 2020.
- 11 Department for Communities and Local Government. The English indices of deprivation 2019, 2019. Government. Available: <https://www.gov.uk/government/statistics/english-indices-of-deprivation>
- 12 GOV.UK. COVID-19: guidance for sampling and for diagnostic laboratories. *UK Government* 2020.
- 13 Ministry of Housing, Communities & Local Government. The English Indices of deprivation 2019. *UK Government* 2020.
- 14 Charlson ME, Pompei P, Ales KL, *et al*. A new method of classifying prognostic comorbidity in longitudinal studies: development and validation. *J Chronic Dis* 1987;40:373–83.
- 15 British Thoracic Society. Guidelines for the management of community acquired pneumonia in adults update 2009 a quick reference guide. *BTS* 2009.
- 16 Knight SR, Ho A, Pius R, *et al*. Risk stratification of patients admitted to hospital with covid-19 using the ISARIC who clinical characterisation protocol: development and validation of the 4C mortality score. *BMJ* 2020;370:m3339.
- 17 Adaji EE, Ekezie W, Clifford M, *et al*. Understanding the effect of indoor air pollution on pneumonia in children under 5 in low- and middle-income countries: a systematic review of evidence. *Environ Sci Pollut Res Int* 2019;26:3208–25.
- 18 Ji W, Park Y, Kin H. Prolonged effect of air pollution on pneumonia: a nationwide cohort study. *European Respiratory Journal* 2017.
- 19 Pozzer A, Dominici F, Haines A, *et al*. Regional and global contributions of air pollution to risk of death from COVID-19. *Cardiovasc Res* 2020;116:2247–53.
- 20 Kuhn DM, Ghannoum MA, Mold I. Indoor mold, toxigenic fungi, and stachybotrys chartarum: infectious disease perspective. *Clin Microbiol Rev* 2003;16:144–72.
- 21 Cardoso MRA, Cousens SN, de Góes Siqueira LF, *et al*. Crowding: risk factor or protective factor for lower respiratory disease in young children? *BMC Public Health* 2004;4.
- 22 Raisi-Estabragh Z, McCracken C, Bethell MS, *et al*. Greater risk of severe COVID-19 in Black, Asian and Minority Ethnic populations is not explained by cardiometabolic, socioeconomic or behavioural factors, or by 25(OH)-vitamin D status: study of 1326 cases from the UK Biobank. *J Public Health* 2020;42:451–60.
- 23 Nafilyan V, Islam N, Ayoubkhani D, *et al*. Ethnicity, household composition and COVID-19 mortality: a national linked data study. *J R Soc Med* 2021;114:182–211.
- 24 Hui DS, Azhar EI, Kim Y-J, *et al*. Middle East respiratory syndrome coronavirus: risk factors and determinants of primary, household, and nosocomial transmission. *Lancet Infect Dis* 2018;18:e217–27.
- 25 Fecht D, Fischer P, Fortunato L. Associations between air pollution and socioeconomic characteristics, ethnicity and age profile of neighbourhoods in England and the Netherlands. *Environmental Pollution* 2014.
- 26 Zanobetti A, Woodhead M. Air pollution and pneumonia: the "old man" has a new "friend". *Am J Respir Crit Care Med* 2010;181:5–6.
- 27 Zhu Y, Edwards D, Payne RA, *et al*. Characteristics, service use, and mortality of clusters of multimorbid patients in England: a population-based study. *The Lancet* 2019;394:S102.
- 28 Hui-Fang L, Cai L, Wang X-M, *et al*. Ethnic disparities in prevalence and clustering of cardiovascular disease risk factors in rural Southwest China. *BMC Cardiovasc Disord* 2019;19:200.
- 29 Whitty CJM, MacEwen C, Goddard A, *et al*. Rising to the challenge of multimorbidity. *BMJ* 2020;368:16964.
- 30 Nguyen Y, Corre F, Honsel V, *et al*. Applicability of the CURB-65 pneumonia severity score for outpatient treatment of COVID-19. *J Infect* 2020;81:e96–8.
- 31 Soltan M, Kim M. The ABCDE approach explained. *BMJ* 2016;355:i4512.
- 32 Soltan M, Westacott R. How to fill in and interpret an observation chart. *BMJ* 2017;356:i6718.
- 33 Clift Aet *al*. Living risk prediction algorithm (QCOVID) for risk of hospital admission and mortality from coronavirus 19 in adults: national derivation and validation cohort study. *BMJ* 2020;321:ms731.
- 34 A CA. Regulation 28: report to prevent future deaths. Available: <https://www.judiciary.uk/wp-content/uploads/2021/04/Ella-Kissi-Debrah-2021-0113-1.pdf>
- 35 Wu Y-H, Tseng C-P, Cheng M-L, *et al*. Glucose-6-Phosphate dehydrogenase deficiency enhances human coronavirus 229E infection. *J Infect Dis* 2008;197:812–6.

Online supplement 1

Patient management

Patients were admitted and treated initially according to British Thoracic Society (BTS) guidelines for COVID19 community acquired pneumonia with antibiotics, fluids and controlled oxygen where appropriate. Trust infection prevention measures were followed. No experimental agents were administered to these patients outside of clinical trials. A limited number of patients were enrolled in the UK RECOVERY trial and a trial of inhaled IFN-beta1a in COVID19 disease. No patients received ward-based continuous positive airway pressure non-invasive ventilation. Ward based bi-level non-invasive ventilation was only used if patients with pre-existing causes for chronic type-two respiratory failure were admitted with acute respiratory acidosis, with no evidence of infiltrates on their chest x-ray. At the beginning of the pandemic, the trust introduced a rapid review Chest X-ray reporting service staffed by Consultant radiologists to ensure Chest X-rays were reported within 12 hours of being undertaken. All suspected COVID19 infected patients had a decision about escalation to critical care and discussion in relation to resuscitation status at their first review after admission (typically in less than 4 hours due to the introduction of resident consultants during the pandemic). Patients who were for critical care escalation were reviewed by the critical care assessment team if they had an altered GCS, persistently low systolic blood pressure ($<90\text{mmHg}$), respiratory acidosis ($\text{pH}<7.2$) or were unable to maintain their target saturations or had a respiratory rate >30 breaths per minute despite receiving a fractional inspired oxygen (FiO_2) of ≥ 0.5 . If deemed appropriate, patients were intubated and transferred to critical care subsequently. All patients were prescribed their regular medications for existing medical conditions whilst in hospital unless a medication was contraindicated for clinical reasons in which case it was paused temporarily until safe to resume. All patients received 40 mg subcutaneous enoxaparin as venous thromboembolic disease prophylaxis daily, unless it was contraindicated, as per our hospital policy.

Online supplement 2

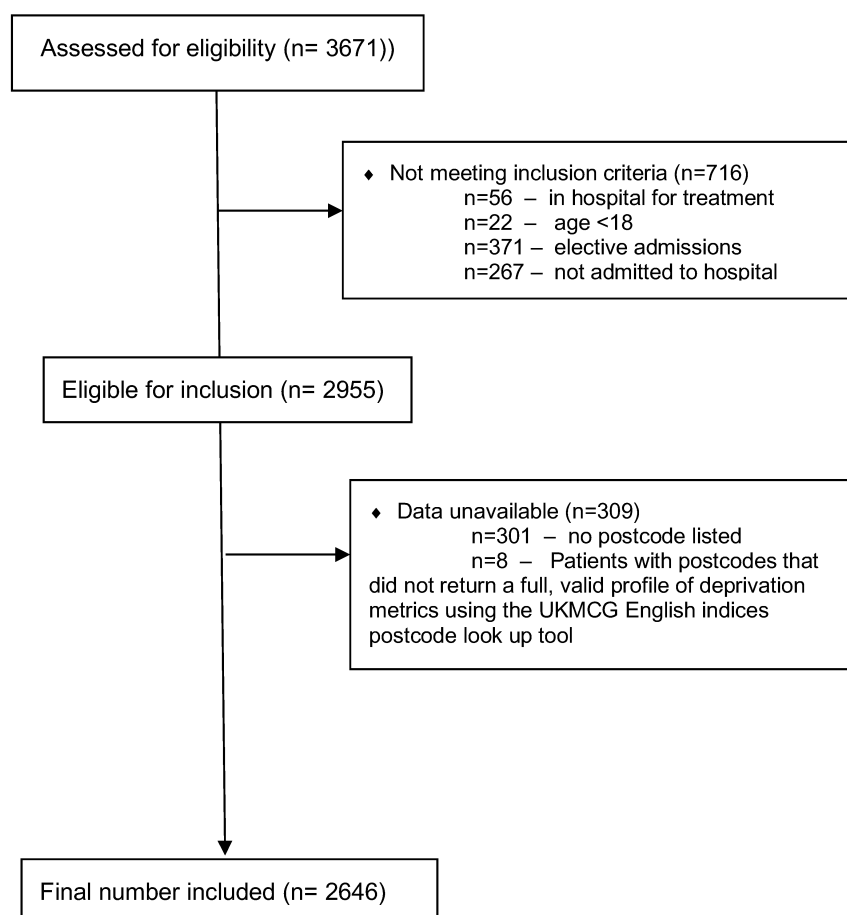
Authors	Score name	Country of derivation	Development population	Pre-existing or COVID specific	Model outcome	Predictors	Original modelling approach	How are predictors combined?
Lim et al.	CURB65	UK, Netherlands, New Zealand	Patients with community acquired pneumonia	Pre-existing community acquired pneumonia	30 day mortality	New onset confusion, urea (>7mmol/L), respiratory rate (≥30 breaths/minute), blood pressure (<90mmHg systolic or ≤60mmHg diastolic) and age (≥65 years).	Logistic regression	Points based score
Gupta et al.	ISARIC4C mortality score	UK, France, Netherlands, Italy, Pakistan, Turkey, Canada	Patients admitted with COVID19	COVID specific	In hospital mortality	Age, Gender, Number of comorbidities, Respiratory Rate, Oxygen Saturations on room air, GCS, Urea, CRP	Logistic regression	Points based score

Characteristics of studies describing CURB65 and ISARIC4C mortality models

Online Supplement 3

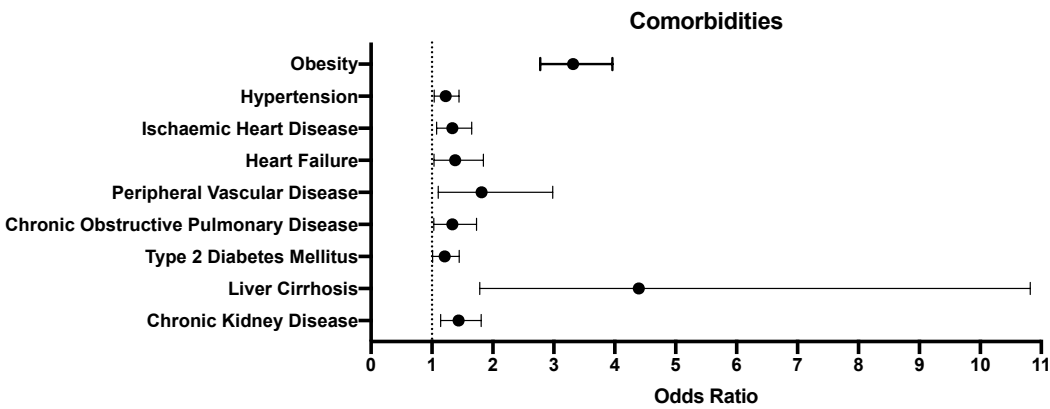
	Odds Ratio	99% CI Lower bound	99% CI Upper bound	p-value
Univariate				
Age	1.04	1.03	1.04	<0.000
Male sex	1.40	1.19	1.40	<0.000
Obesity (BMI \geq 30)	3.32	2.77	3.96	<0.001
Hypertension	1.23	1.04	1.45	0.018
Ischaemic Heart Disease	1.34	1.08	1.66	<0.009
Heart Failure	1.38	1.03	1.84	<0.032
Peripheral Vascular Disease	1.81	1.10	2.95	<0.022
COPD	1.34	1.03	1.73	<0.034
Type 2 Diabetes Mellitus	1.21	1.01	1.45	<0.041
Cirrhosis	4.40	1.79	10.82	<0.0009
Chronic Kidney Disease	1.44	1.14	1.81	<0.002
Charlson Comorbidity (CCI) Score	1.19	1.16	1.23	<0.000
Multilobar pneumonia	2.13	1.77	2.57	<0.000
Index of Multiple Deprivation	0.88	0.75	1.04	0.126
Wider BHS deprivation	0.92	0.78	1.08	0.305
Outdoor LE deprivation	0.85	0.72	0.99	0.042
Indoor LE deprivation	0.92	0.78	1.08	0.288
Adult Skills deprivation	0.91	0.77	1.07	0.268
Ethnic minorities	0.69	0.57	0.84	<0.000
Pakistani	1.34	1.01	1.77	<0.041
African	2.42	1.04	5.61	<0.040
Caribbean	0.94	0.60	1.47	0.787
Indian	0.92	0.56	1.50	0.726
Bangladeshi	0.92	0.18	4.65	0.917
Chinese	0.68	0.18	2.51	0.559
Mixed	1.72	0.68	4.34	0.255
Any other ethnic group	0.53	0.30	0.93	0.028
Multivariate				
Age	1.05	1.04	1.06	<0.000
Male sex	1.50	1.25	1.81	<0.000
Charlson Comorbidity (CCI) Score	1.11	1.06	1.16	<0.000
Obesity (BMI \geq 30)	3.60	2.95	4.38	<0.000
Ischaemic Heart Disease	0.78	0.60	0.99	0.047
Cirrhosis	9.72	3.47	27.17	<0.000
Multilobar pneumonia	1.89	1.56	2.28	<0.000

Univariate and multivariate analyses to predict mortality

Online Supplement 4

A CONSORT diagram showing participants assessed for eligibility, the inclusion criteria and the final number of participants included. 3671 consecutive patients were assessed for eligibility for inclusion into this study. 716 patients were excluded on account of having not met the inclusion criteria due to: ongoing hospitalisation on 1st September 2020 (n=55), age <18 (n=22), attending hospital as an elective admission (n=371) or attending hospital without admission (n=267). Patients eligible for inclusion in this study (n=2955) were reviewed; patients without listed postcodes (n=301) or postcodes not returning deprivation metrics (n=8) could not be included in the analysed group (n=2646).

Online Supplement 5



Odds ratios of mortality among COVID-19 patients by underlying obesity (BMI>30), hypertension, ischaemic heart disease, heart failure, peripheral vascular disease, COPD, type 2 diabetes mellitus, liver cirrhosis and chronic kidney disease

Online Supplement 6

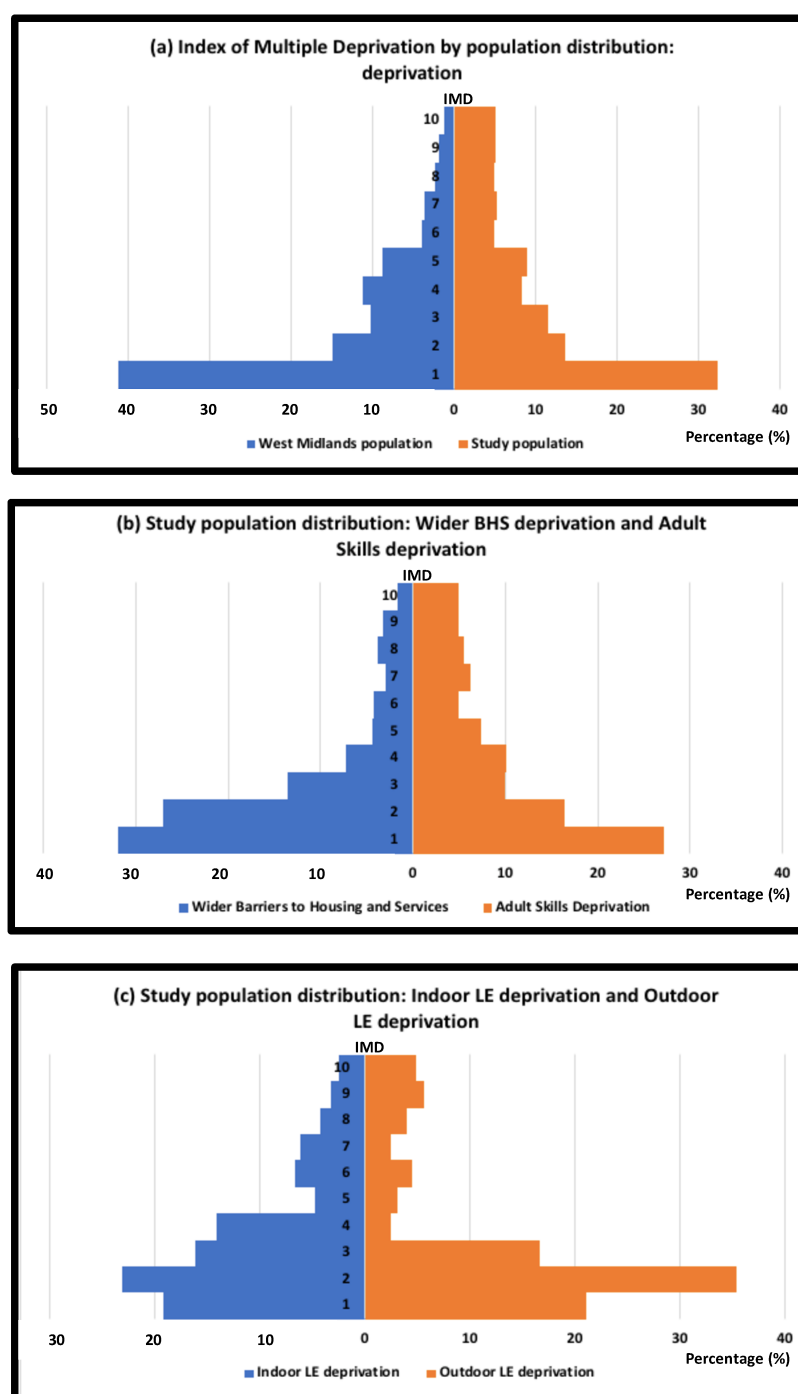
	All COVID-19-positive patients	White	Ethnic minorities	Pakistani	Indian	Caribbean	African	Chinese	Bangladeshi	Mixed	Any other ethnic group
	2646	1917 (72.4)	710 (26.8)	326 (12.3)	93 (3.5)	105 (4.0)	26 (<1)	16 (<1)	11 (<1)	22 (<1)	111 (4.2)
Cardiovascular (n, % of column)											
HTN	1030 (38.9)	736 (38.4)	266 (37.4)	130 (39.9)	43 (46.2)	53 (50.5)	9 (34.6)	5 (31.3)	2 (18.2)	6 (27.3)	40 (36.0)
IHD	433 (16.4)	317 (16.5)	113 (15.9)	53 (16.3)	14 (15.1)	15 (14.3)	5 (19.2)	0 (0)	0 (0)	20 (90.9)	6 (5.4)
Hypercholesterolaemia	206 (7.8)	145 (7.6)	56 (7.9)	33 (10.1)	4 (4.3)	6 (5.7)	3 (11.5)	2 (12.5)	1 (9.1)	6 (27.3)	1 (0.9)
CCF	208	166 (8.7)	42 (5.9)	24 (7.4)	5 (5.4)	6 (5.7)	0 (0)	0 (0)	0 (0)	6 (27.3)	1 (0.9)
Peripheral Vascular disease	64 (2.4)	56 (2.9)	8 (1.1)	2 (0.6)	1 (1.1)	5 (4.8)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
Stroke	215 (8.1)	170 (8.9)	44 (6.2)	12 (3.7)	3 (3.2)	15 (14.3)	2 (7.7)	1 (6.3)	1 (9.1)	7 (31.8)	3 (2.7)
Respiratory (n, % of column)											
Asthma	260 (9.8)	194 (10.1)	66 (9.3)	31 (9.5)	8 (8.6)	9 (8.6)	2 (7.7)	1 (6.3)	1 (9.1)	10 (45.5)	3 (2.7)
COPD	269 (10.2)	202 (10.5)	67 (9.4)	28 (8.6)	9 (9.7)	8 (7.6)	3 (11.5)	2 (12.5)	0 (0)	12 (54.5)	3 (2.7)
ILD	53 (2.0)	42 (2.2)	11 (1.5)	4 (1.2)	1 (1.1)	2 (1.9)	1 (3.8)	1 (6.3)	0 (0)	2 (9.1)	0 (0)
OSA	51 (1.2)	38 (2.0)	13 (1.8)	5 (1.5)	2 (2.2)	2 (1.9)	0 (0)	1 (6.3)	0 (0)	3 (13.6)	0 (0)
Bronchiectasis	32 (1.2)	27 (1.4)	5 (0.7)	3 (0.9)	0 (0)	0 (0)	1 (3.8)	0 (0)	0 (0)	0 (0)	0 (0)
Renal (n, % of column)											
CKD	355 (13.4)	262 (13.7)	93 (13.1)	39 (12.0)	14 (15.1)	11 (10.5)	3 (11.5)	1 (6.3)	2 (18.2)	15 (68.2)	6 (5.4)
Endocrinology (n, % of column)											
T1DM	26 (1.0)	23 (1.2)	3 (0.4)	2 (0.6)	0 (0)	0 (0)	0 (0)	1 (6.3)	0 (0)	0 (0)	0 (0)
T2DM	713 (26.9)	517 (27.0)	196 (27.6)	81 (24.8)	29 (31.2)	26 (24.8)	5 (19.2)	2 (12.5)	2 (18.2)	6 (27.3)	8 (7.2)
Vitamin D < 20	56 (2.1)	38 (2.0)	18 (2.5)	7 (2.1)	4 (4.3)	3 (2.9)	2 (7.7)	0 (0)	0 (0)	2 (9.1)	0 (0)
BMI>30	742 (28.0)	481 (25.1)	261 (36.8)	136 (41.7)	22 (23.7)	34 (32.4)	10 (38.5)	5 (31.3)	2 (18.2)	8 (36.4)	35 (31.5)
Hepatobiliary (n, % of column)											
Hepatitis	14 (0.5)	4 (0.2)	10 (1.4)	4 (1.2)	4 (4.3)	1 (1.0)	2 (2.7)	1 (6.3)	0 (0)	1 (4.5)	1 (0.9)
Cirrhosis	22 (0.8)	21 (1.1)	1 (0.1)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	1 (0.9)
Peptic Ulcer Disease	35 (1.3)	30 (1.6)	5 (0.7)	2 (0.6)	1 (1.1)	0 (0)	0 (0)	0 (0)	0 (0)	1 (4.5)	0 (0)
Variceal GI bleed	12 (0.5)	10 (0.5)	2 (0.3)	0 (0)	0 (0)	1 (1.0)	0 (0)	0 (0)	0 (0)	1 (4.5)	0 (0)
Rheumatology (n, % of column)											
Connective Tissue Disease	204 (7.7)	166 (8.7)	38 (5.4)	15 (4.6)	5 (5.4)	8 (7.6)	3 (11.5)	3 (18.8)	0 (0)	4 (18.2)	0 (0)
Multimorbidity (n,% of column)											
>1 comorbidity	2042 (81.4)	1555 (84.7)	472 (66.5)	209 (69.4)	66 (75.0)	87 (85.3)	19 (76.0)	12 (80.0)	5 (45.5)	14 (77.8)	74 (66.7)
4 or more comorbidities	791 (31.6)	641 (31.6)	147 (20.7)	68 (22.6)	16 (18.2)	31 (30.4)	6 (24.0)	1 (6.7)	0 (0)	3 (16.7)	25 (22.5)

A table representing underlying comorbidities and multimorbidity among hospitalised COVID-19 positive patients by ethnic subgroup: disaggregating ethnic minorities

Online Supplement 7

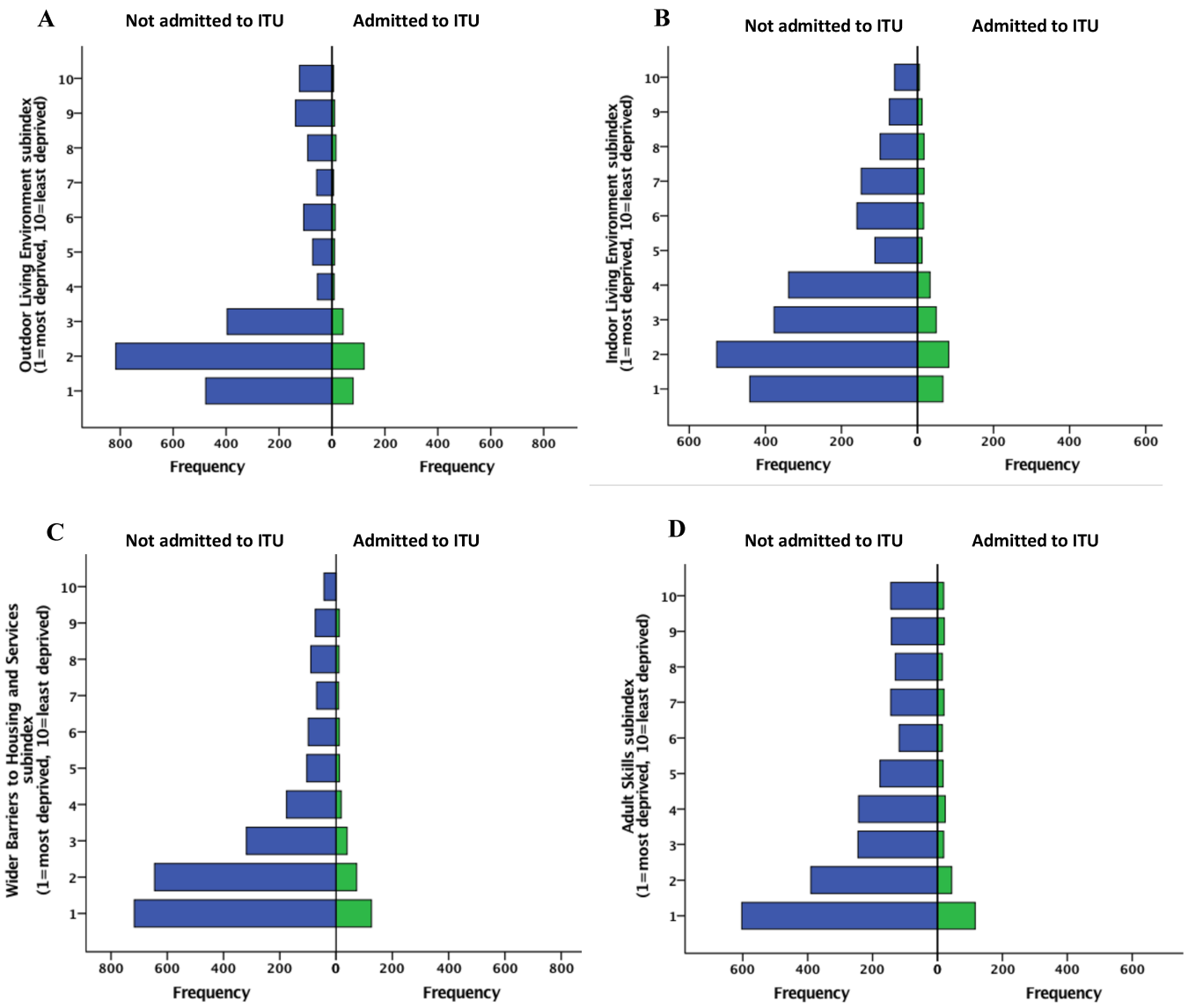
Case control matching by		n	Pakistani	Control	n	African	Control	n	Caribbean	Control	n	Indian	Control	n	Chinese	Control	n	Bangladeshi	Control	n	Mixed	Control	n	Any other ethnic group	Control
A) Age, Gender	Charlson Comorbidity Score Median (IQR)	295	5(5)	4(4)	26	4(6)	2.5(4)	103	6(5)	5(5)	89	5(4)	4(4)	15	4(4)	3(5)	8	2(5)	2(5)	21	5(5)	5(5)	106	3(4.25)	2(4.25)
	No. of Comorbidities Median (IQR)	295	4(3)	3(4)	26	4(3)	3(3)	103	4(3)	3(3.75)	89	3(2)	3(3.75)	15	2(1.75)	2(2)	8	1(3)	2(3)	21	3(2.5)	3(3)	106	2(3)	2(3)
B) Age, Gender and Outdoor LE deprivation	Charlson Comorbidity Score Median (IQR)	265	5(4)	4(4)	25	5(3)	4(6)	101	6(5)	5(4)	82	5(3)	4(5)	15	4(4.5)	3.5(7)	9	4.5(7.25)	2(4)	20	5.5(5.25)	4.5(4.75)	93	4(4.25)	3(3)
C) Age, Gender and Indoor LE deprivation	Charlson Comorbidity Score Median (IQR)	269	5(4)	4(4)	21	5(6)	4(4)	101	6(5)	5(4.5)	85	5(4)	4(4)	15	4(4.5)	3(3.5)	7	4(6.5)	3(4)	20	5.5(5.25)	4.5(3.75)	95	4(4)	3(4)
D) Age, Gender and Wider BHS deprivation	Charlson Comorbidity Score Median (IQR)	267	5(4)	4(4)	25	4(6)	2(4)	100	6(4.75)	5(4)	85	5(3.5)	4(4.5)	15	4(4)	3(5)	9	5(7)	3(4)	20	5.5(5.25)	4.5(4.75)	95	4(4.5)	3(4)
E) Age, Gender and Adult Skills deprivation	Charlson Comorbidity Score Median (IQR)	256	5(4)	4(4)	23	5(6)	3(4)	101	6(5)	5(5)	86	5(4)	4(4)	14	4(4.5)	3.5(3.5)	9	4(6)	3.5(6)	10	4.5(3.5)	3.5(3.25)	90	3(4)	2.5(4.25)

A table representing Charlson Comorbidity Index (CCI) Scores among patients of ethnic minorities in comparison with matched controls by: a) Age and Gender, b) Age, Gender and Outdoor LE deprivation, c) Age Gender and Indoor LE deprivation, d) Age, Gender and Adult Skills deprivation.

Online Supplement 8

Population pyramid distributions of hospitalised COVID-19 positive patients: (a) Index of Multiple Deprivation (IMD) distribution in the West Midlands population in comparison with the study population, (b) Wider BHS and Adult skills deprivation distribution in the study population, (c) Indoor LE and Outdoor LE deprivation distribution in the study population.

Online Supplement 9



Population pyramid distributions of COVID-19 positive patients admitted to ITU by (a) Outdoor Living Environment deprivation, (b) Indoor Living Environment deprivation, (c) Wider Barriers to Housing and Services deprivation, (d) Adult Skills deprivation

Online Supplement 10

Admission from the most deprived quintile	N	BHS deprivation	Wider BHS deprivation	LE deprivation	Indoor LE deprivation	Outdoor LE deprivation	Adult Skills deprivation
Ethnic group, n (% of ethnic group)							
White	1917	566 (29.5)	963 (50.2)	815 (42.4)	719 (37.5)	900 (46.9)	673 (35.1)
Ethnic minorities	710	442 (62.3)	580 (81.7)	506 (71.3)	388 (54.6)	579 (81.5)	467 (65.8)
Indian	93	34 (36.6)	54 (58.1)	48 (51.6)	35 (37.6)	65 (69.9)	34 (36.6)
Pakistani	326	250 (76.7)	293 (89.9)	263 (80.7)	202 (62.0)	290 (89.0)	266 (81.6)
Caribbean	105	59 (56.2)	88 (83.8)	76 (72.4)	55 (52.4)	89 (84.8)	53 (50.5)
African	26	15 (57.7)	21 (80.8)	18 (69.2)	13 (50)	19 (73.1)	20 (76.9)
Chinese	16	4 (25.0)	13 (81.3)	10 (62.5)	9 (56.3)	11 (68.8)	7 (43.8)
Bangladeshi	11	8 (72.7)	9 (81.8)	8 (72.7)	6 (54.5)	9 (81.8)	7 (63.6)
Mixed	22	13 (59.1)	17 (77.3)	12 (54.5)	8 (36.4)	14 (63.6)	16 (72.7)
Any other ethnic group	111	59 (53.2)	85 (76.6)	71 (64.0)	60 (54.1)	82 (73.9)	64 (57.7)
Unspecified	19	13 (68.4)	18 (94.7)	14 (73.7)	11 (57.9)	16 (84.2)	13 (68.4)
Total	2646	1021 (38.6)	1561 (59.0)	1335 (50.5)	1118 (42.3)	1495 (56.5)	1153 (43.6)

Admissions by most deprived quintile: BHS, Wider BHS, LE, Indoor LE, Outdoor LE and Adult Skills

Online supplement 11

Univariate analyses revealed that ethnic minority COVID19 positive patients were more likely to be admitted the most deprived quintile: wider BHS [OR 4.42 (3.59-5.46); $p<0.001$], housing quality (indoor LE) [OR 2.01(1.69-2.39); $p<0.001$], air pollution (Outdoor LE) [OR 4.99(4.05-6.16); $p<0.001$], Adult Skills [OR 3.55(2.96-4.26); $p<0.001$], present with multi-lobar pneumonia [OR 2.47(2.06-2.95); $p<0.001$] and be admitted to ITU [OR 2.82(2.22-3.61); $p<0.001$] in comparison with White patients.

Online supplement 12

	ISARIC4C AUROC (95% CI)	CURB65 AUROC (95% CI)
All patients	0.60 (0.56-0.64)	0.62 (0.59-0.66)
Caucasian	0.58 (0.54-0.63)	0.67 (0.63-0.71)
Ethnic minorities	0.64 (0.58-0.70)	0.53 (0.46-0.59)
Indian	0.83 (0.73-0.93)	0.53 (0.39-0.67)
Pakistani	0.58 (0.47-0.69)	0.55 (0.44-0.66)
Caribbean	0.63 (0.49-0.78)	0.52 (0.36-0.68)
African	0.65 (0.34-0.96)	0.45 (0.12-0.78)
Any other ethnic group	0.61 (0.20-1.00)	0.61 (0.30-0.92)
Chinese	0.59 (0.30-0.89)	0.32 (0.01-0.63)
Mixed	0.63 (0.47-0.80)	0.53 (0.36-0.69)

Performance metrics for CURB65 and ISARIC4C prognostic scores by ethnic subgroup