Cell therapy for ARDS: efficacy of endobronchial versus intravenous administration and biodistribution of MAPCs in a large animal model

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ABSTRACT
Introduction Bone marrow-derived multipotent adult progenitor cells (MAPCs) are adult allogeneic adherent stem cells currently investigated clinically for use in acute respiratory distress syndrome (ARDS). To date, there is no agreement on which is the best method for stem cells delivery in ARDS. Here, we compared the efficacy of two different methods of administration and biodistribution of MAPC for the treatment of ARDS in a sheep model.

Methods MAPC were labelled with [18F] fluoro-29-deoxy-D-glucose and delivered by endobronchial (EB) or intravenous route 1 hour after lipopolysaccharide infusion in sheep mechanically ventilated. PET/CT images were acquired to determine the biodistribution and retention of the cells at 1 and 5 hours of administration.

Results The distribution and retention of the MAPC was dependent on the method of cell administration. By EB route, PET images showed that MAPC remained at the site of administration and no changes were observed after 5 hours, whereas with intravenous route, the cells had broad biodistribution to different organs, being the lung the main organ of retention at 1 and 5 hours. MAPC demonstrated an equal effect on arterial oxygenation recovery by either route of administration.

Conclusion The EB or intravenous routes of administration of MAPC are both effective for the treatment of ARDS in an acute sheep model, and the effect of MAPC therapy is not dependent of parenchymal integration or systemic biodistribution.

Key messages
► Does the route of administration of stem cells affect their efficacy and biodistribution?
► While the biodistribution of the cells differs depending on the administration route, both routes of administration are equally effective for the treatment of acute respiratory distress syndrome (ARDS).
► This study proves two alternatives for the administration of cells for therapy in ARDS that are safe and have similar efficacy; the choice for the route of administration might be of crucial interest depending on the technical limitations presented at the time of treatment.

INTRODUCTION
Acute respiratory distress syndrome (ARDS) is a devastating lung condition. Currently, it is the leading cause of death and disability in critically ill patients, with a mortality rate that ranges between 26% and 50%.1–3 ARDS is an inflammatory state; characterised by infiltration of mixed inflammatory cells, diffuse destruction of the alveolar–capillary barrier, severe oedema, consequent hypoxaemia and increase in lung density.4–5 To date, ARDS is only managed with supportive care such as lung protective ventilation, prone positioning and conservative fluid management, and no definitive treatment is available.4–6 Cell therapy with multipotent adult progenitor cells (MAPCs) and mesenchymal stem cells (MSCs), two predominant adult stem cell types of the bone marrow stroma, are promising therapeutic options for patients with ARDS.10–16 These cells hold potent immunomodulatory and repair effects. Unlike most adult somatic stem cells, MAPCs appear to proliferate without senescence, have pluripotent differentiation ability in vitro and in vivo and do not express major histocompatibility (MHC) class II antigens.17 18 Previous experimental studies published by our group and others have demonstrated that bone marrow-derived stem cells administered by either intratracheal and intravenous route, are able to decrease lung inflammation, enhance lung repair, restore alveolar fluid clearance and improve arterial oxygenation.12 15 19 20 Although the efficacy of cell therapy in ARDS has been demonstrated in animal models,
including our sheep lipopolysaccharide (LPS)-induced lung injury model, it is unknown how different routes of administration can affect homing and retention of those cells in ARDS.

Positron emission tomography (PET) has been successfully used in several studies as a quantitative method of cell tracking and localisation in vivo.\textsuperscript{21-23} The [18F] fluoro-29-deoxy-D-glucose ([18F] FDG), a glucose analogue, is a positron-emitting radionuclide that is metabolically trapped inside the cells after phosphorylation by hexokinase, and has been successfully used to label and track stem cells.\textsuperscript{21-24}

Objective
Although the endobronchial (EB) and intravenous routes of administration have been recommended for cell therapy in ARDS, the differences of homing and retention of the cells after delivery are currently unknown. Therefore, we aimed to compare the biodistribution of MAPC by EB or intravenous administration and their therapeutic effect in a sheep model of LPS-induced lung injury.

MATERIAL AND METHODS
Animal model
All animals received human care in compliance with the ‘Principles of Laboratory Animal Care’ formulated by the National Society for Medical Research and the ‘Guide for the Care and Use of Laboratory Animals’ prepared by the Institute of Laboratory Animal Resources and published by the National Institutes of Health (NIH) (NIH no. 86–23). Eleven adult Dorsett Cross sheep weighing 30–40 kg were used in the present study. Both females and males were included in a relationship of 1:1. Each sheep was fasted overnight and pre-mediated with intramuscular atropine (0.05 mg/kg), and after anaesthesia induction with intravenous ketamine, general anaesthesia was maintained with isoflurane (1.5%-2%) for 6 hours. Animals were placed in prone position on the PET scanner table and mechanically ventilated with PEEP of 5 cmH\textsubscript{2}O, FiO\textsubscript{2} of 0.9, I:E ratio 1:2, tidal volume of 8–10 mL/kg and respiratory rate adjusted to maintain the arterial carbon dioxide PaO\textsubscript{2} between 35 and 45 mm Hg. The right carotid artery and a peripheral vein were cannulated and haemodynamic parameters were continuously measured. To induce acute lung injury, the sheep received 5 µg/kg intravenous LPS from Escherichia coli O55:B5 (Sigma, St. Louis, Missouri, USA) in normal saline (Baxter, Deerfield, Illinois, USA), over 21 min at a rate of 1 mL/min. Blood samples and arterial blood gases (ABGs) were collected at baseline and at 1, 2 and 6 hours after LPS or saline infusion. A CT was taken during baseline and PET/CT scans were acquired 1 and 5 hours after cells or free tracer delivery (figure 1A). The degree of lung damage was evaluated by oxygenation and variation of lung density in CT scans measured by hounsefield (HU) units.

Cell lines
MAPCs were isolated from a human donor through bone marrow aspiration. Cell isolation was processed according to previously described methods.\textsuperscript{25} Briefly, MAPCs were cultured in fibronectin-coated plastic tissue culture flasks. Cells cultures were maintained under low oxygen tension in a humidified atmosphere of 5% CO\textsubscript{2}. Cells were cultured in a media

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**Figure 1** Experimental protocol. (A) Timeline: after anaesthesia, a CT scan, blood samples and arterial blood gases (ABGs) were collected before lipopolysaccharide (LPS)/saline and 1, 2 and 6 hours after infusion. Labelled multipotent adultprogenitorcells (MAPCs) or free tracer was delivered 1 hour after LPS/saline infusion. PET/CT scans were acquired 1 and 5 hours after cells or free tracer delivery. (B). Seven groups were studied. EB, endobronchial; [18F] FDG, [18F] fluoro-29-deoxy-D-glucose.
containing low-glucose (D)MEM (Life Technologies, Grand Island, New York, USA) supplemented with fetal bovine serum (Atlas, Fort Collins, Colorado, USA), ITS liquid media supplement (Sigma), MCDB (Sigma), platelet-derived growth factor (R&D Systems, Minneapolis, Minnesota, USA), epidermal growth factor (R&D Systems), dexamethasone, penicillin/streptomycin (Life Technologies), 2-phospho-L-ascorbic acid and linoleic acid-albumin (Sigma). Cells were passaged every 3–4 days and harvested using trypsin/EDTA (Life Technologies). The cells were positive for CD49c and CD90 and negative for MHC class II and CD45 (all antibodies (Abs) were from BD Biosciences, San Jose, CaliforniaA, USA). Cells were cryopreserved in media and 5% dimethyl sulfoxide. Before administration, the MAPCs were counted with trypan blue exclusion, and the final concentration was adjusted according with the percentage of live cells.

[18F] FDG MAPC labelling
MAPC were labelled following protocol previously described in detail. The initial mixing and incubation processes were conducted in a Class 100 laminar airflow hood. In brief, cells were resuspended in [18F] FDG (provided by Zevacor) in total volume <1.0 mL. The cells were gently mixed and then incubated in a warm water bath for 1 hour with gentle agitation every 5 min. The cell labelling reaction was then centrifuged at 2000 RPM (750 × g) for 7 min to pellet the cells. The cells were rinsed to remove any residual [18F] FDG by removing the supernatant and resuspending the cell fraction in 2.0 mL of 0.9% saline for injection. The rinse procedure was repeated two additional times. Following the final rinse, the cells were resuspended in 0.9% saline for injection in the desired volume for administration. The decay corrected cell labelling yield averaged 68%±19% (n=8).

![PET/CT fusion images. Coronal section of whole body and transverse section of the thorax at 1 and 5 hours after intravenous injection of labelled multipotent adultprogenitorcells (MAPCs) in lipopolysaccharide (LPS) (A) and naive (B) sheep and free tracer in LPS (C) and naive (D) sheep. (A) LPS/intravenous cells groups (n=3): 1 hour post-intravenous labelled cells infusion showed a systemic distribution of the cells with an important homing and retention by the lungs, which faded after 5 hours. (B) Naive/IV cells group (n=1). (C) LPS/intravenous-free tracer group (n=1). (D) Naive/IV free tracer (n=1). Dashed lines represent selected transverse images.](image)
Table 1  Quantitative analysis of labelled cells uptake in different organs, in lipopolysaccharide (LPS) and naive groups

<table>
<thead>
<tr>
<th>Organ</th>
<th>Standard uptake values mean 1 hour post intravenous cells injection</th>
<th>5 hour post intravenous cells injection</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>LPS</td>
<td>Naive</td>
</tr>
<tr>
<td>Lung</td>
<td>8.0±3.8</td>
<td>7.45</td>
</tr>
<tr>
<td>Liver</td>
<td>2.2±0.8</td>
<td>1.7</td>
</tr>
<tr>
<td>Kidney</td>
<td>2.7±0.6</td>
<td>3.6</td>
</tr>
<tr>
<td>Brain</td>
<td>3.0±1.3</td>
<td>6.6</td>
</tr>
</tbody>
</table>

Labelled cells showed systemic distribution with an important retention in the lungs that persisted after 5 hours. Retention of cells was notably higher in the injured lung, compared with naive lung. Data are expressed as mean±SD.

PET/CT scan

A baseline CT including the whole thorax was acquired at breathhold. In the case of LPS administration, a second breathhold CT was acquired 1 hour post insult. Either $[^{18}F]$ FDG or FDG-labelled cells were administered by intravenous or EB route. Also, 1 and 5 hours after radio-isotope administration, a whole-body PET/CT scan was obtained using a Biograph mCT Flow PET/CT scanner (Siemens Medical Solutions USA, Malvern, Pennsylvania, USA). A ‘step-and-shoot’ PET acquisition was employed using multiple 3 min bed positions to cover the head through the pelvis. The corresponding CT scans were acquired at intermediate breathhold to match to the average position during respiration as far as possible, though some degree of mismatch at the location of the diaphragm was noted in the resulting images. Respiratory gating was not employed. PET data were reconstructed using the supplied ultraHD-PET iterative algorithm with all quantitative corrections applied and the CT images were used for attenuation correction. To assess quantitatively biodistribution, numerical PET results were presented as standard uptake values (SUVs) normalised to injected dose and animal weight. Two regions of interest (ROIs) were defined for lung field analysis using the HU scale. The ROIs used for analysis were selected using the baseline CT scans to sample large representative regions of well-aerated (~900 to ~501 HU) and moderately aerated (~500 to ~101 HU) lung. Careful inspection in choosing suitable regions was required as these were ruminant animals with considerable evidence of prior lung infections, and because atelectasis could also be present due to the use of ventilation. The ROIs were trivially transferred to the later time point images as the animal was continually ventilated and did not move between the scans. Evaluations were made by a board-certified radiologist blinded on experimental subgroup assignation.

Experimental protocol

We studied seven groups (figure 1B).

Experimental groups

Also, 1 hour after LPS infusion two groups received $[^{18}F]$ FDG-labelled MAPC: group 1 (10 million cells/kg by

Figure 3  Quantitative analysis of labelled cells uptake in different organs, in lipopolysaccharide (LPS) and naive groups. Labelled cells showed systemic distribution with an important retention in the lungs that persisted after 5 hours. (A, B) Retention of cells was notably higher in the injured lung (80%), compared with the naive lung (57.7%). Data are expressed as % of change after cells injection.

Figure 4  Evaluation of SUVmax in the lung by regions of interest (RIOs). Labelled cells were highly retained in poorly aerated regions, especially in the lipopolysaccharide (LPS) group (*p<0.005), where cells remained highly concentrated in these regions after 5 hours. No significant decrease of cell retention was reported after 5 hours in either the LPS or the naive group. The small amount of free tracer was equally distributed in both regions with no significant differences between them.[18F] FDG, [18F] fluoro-29-deoxy-D-glucose; SUV, standard uptake values.

intravenous route, n=3), group 2 (1 million cells/kg by EB route, n=3).

Control groups
After receiving the same dose of LPS, two groups received free [18F] FDG: group 3 (intravenous-free tracer, n=1) and group 4 (EB-free tracer, n=1). Additionally, the biodistribution of EB and intravenous labelled cells in a non-injured animal (saline solution) was also assessed using the same amount of cells in each route: group 5 (intravenous cells, n=1) and group 6 (EB cells, n=1). Finally, the intravenous-free tracer was also evaluated in a non-injured animal (group 7 (IV-free tracer), n=1). The number of cells used during the experiment was calculated in accordance with results from previous preliminary data. Cells delivered by EB route were administered in the lung lobe with higher degree of injury assessed by CT scan.

Statistical analysis
The biodistribution data were analysed using SPSS V.16.0. Comparison between groups was made using the Student’s t-test and two-way analysis of variance as appropriate using GraphPad Prism V.7 (GraphPad Software, San Diego, California, USA). Statistical significance was determined by p value<0.05. We calculate a sample size of at least one subject per group in order to describe the changes after each experiment.

RESULTS
Experimental groups (1 and 2; figure 1) consisted of a mix of female and male sheep averaging 35 and 44 kg, respectively. All groups had normal baseline levels of oxygenation (PaO$_2$/FiO$_2$ levels above 350 mm Hg), a respiration rate of 10 breaths per minute and normal haemodynamics and biochemistries (heart rate averaging between 95 and 99 beats per minute, mean arterial pressure of 61–103 mm Hg and all glucose and protein values within normal levels, indicating no liver, pancreas or kidney damage; see online supplementary figures).

Biodistribution by intravenous route
The PET/CT images acquired 1 and 5 hours after intravenous injection of labelled MAPCs showed a systemic biodistribution of the cells to many organs with special homing and retention in the lung after 5 hours, in both groups, LPS/intravenous cells (n=3) and naive/intravenous cells (n=1) (figure 2A,B). The intensity of labelled cell uptake was heterogeneous in both lungs, with a predominant preference for inferior lobules. Additionally, a decrease of such intensity was seen after 5 hours.

The quantitative analysis of the labelled cell uptake showed that at the first hour the majority of the cells were retained in the lungs (table 1). However, the amount of cells detected was reduced after 5 hours, decreasing 42.3% in naive/intravenous cells (figure 3A) and only 20% in LPS/intravenous cells group (figure 3B). Analysis of other organs (liver, kidney and brain) reported minor cell retention compared with lungs in the LPS group, with no differences among them in the two times points. Interestingly, in naive sheep, a considerable amount of the cells were retained in the brain after 1 hour, with very low percentage of clearance (16%) after 5 hours.

Due to the heterogeneous uptake of cells in the lung parenchyma, two ROIs were defined: normally aerated lung tissue (~900 to ~501 HU) and poorly aerated lung tissue (~500 to ~101 HU; figure 4). The retention of labelled cells was higher by poorly aerated regions, especially in the LPS group (p<0.005) and remained highly concentrated in these regions after 5 hours.

To determine whether the biodistribution of the labelled cells traced in PET images could correspond to radio-tracer efflux, we tracked free [18F]-FDG in a naive sheep.
Figure 5  PET of whole body distribution in coronal section at 1 and 5 hours after labelled multipotent adultprogenitor cells (MAPCs) delivery intravenous or endobronchial (EB) in the acute respiratory distress syndrome (ARDS) model. (A) 1 hour post-intravenous labelled cell infusion showed a systemic distribution of the cells with an important homing and retention in the lungs that faded after 5 hours. (B) EB administration of labelled cells in the naive sheep showed retention in the compartment in which they were delivered with some of them remaining in the lower airway, and no differences after 5 hours were found. Dashed lines represent selected transverse images.

and a sheep with LPS-induced acute lung injury at 1 and 5 hours after intravenous injection of the tracer. Contrary to labelled cells, the intravenous-free tracer did not show retention preference to any organ after 1 and 5 hours of administration in both groups (figures 2C and 3D). The lung was the organ with less uptake of the tracer in control groups, both LPS and naive. Kidney and brain were the organs with higher free tracer uptake over time in both groups.

Biodistribution by EB route

The EB-labelled cells or free tracer was delivered in the right lower lobe, with the exception of one sheep in which the cells were administered in the left lower lobe. The PET/CT images in the EB groups showed a small focal area of intense uptake in the lung parenchyma, corresponding to the site where the cells were delivered. The labelled cells did not spread in the lung parenchyma or to other organs, at 1 and 5 hours after administration in LPS (figure 5A) and naive (figure 5B) groups. In the image inspection, no differences were found between the two groups. The distribution of the free tracer, with no cells, was also evaluated in an LPS sheep. In a similar pattern, the free tracer remained focally located in the area where it was administrated and no signal of the tracer was detected in any other organ.
Effect of lipopolysaccharide (LPS) and multipotent adult progenitor cells (MAPCs) on the PaO₂/FiO₂ ratio. After the administration of MAPCs, the PaO₂/FiO₂ ratio recovered and remained in normal ranges until the study was completed. No differences were observed between both routes of administration. The LPS group that did not receive MAPCs (groups 3 and 4) significantly worsened PaO₂/FiO₂ ratio after LPS infusion. EB, endobronchial.

**DISCUSSION**

Our study compares the efficacy of two methods of administration of MAPC for the treatment of ARDS in a sheep model. We evaluated the early distribution and retention of MAPCs delivered by EB and intravenous route, using PET/CT to track the cells in vivo. Despite showing different cell biodistribution, the therapeutic benefit of MAPC was similar by either EB or intravenous route of administration.

This study evaluates for the first time the feasibility of using endobronchial [¹⁸F]-FDG as a way to assess MAPC biodistribution. By this route of administration, we observed a trapping of labelled cells inside the lung with no systemic distribution. In ARDS, the equilibrium between the lung interstitial tissue and the capillary vessels is disrupted in early stages of the disease and the possible migration of the cells would hypothetically occur in the early stages. The permanence of the cells
inside the lower airways after EB delivery observed in this study may be due to multiple factors: the integrity of the alveolar capillary membrane, the absence of signalling factors from other organs to promote the cell migration and the lack of mechanisms of cell diffusion from inside the alveoli to the systemic circulation. It is possible that the biodistribution of MAPC could be more extensive in advanced stages.

The intravenous route, as we expected, resulted in a systemic distribution of the cells, with a predominant retention in the lung. This finding is consistent with the results presented on other studies using PET in models different to ARDS, where the stem cells were trapped in the lung after intravenous injection.\(^{21-34}\) Although there was a slight clearance of MAPC after 5 hours, the majority of cells remained trapped in the lungs, predominantly in injured areas from lungs that received LPS. These findings suggest that the injury could be a mechanism to retain cells, concordantly with previous studies, that recommend intravenous route for cellular therapy in ARDS.\(^{16,31-34}\) Cell retention in the brain, liver and kidney was lower in the LPS group.

Independently of cell biodistribution, we observed similar effects on arterial oxygenation either in EB or intravenous routes. This finding suggests that the beneficial effect of MAPC is not dependent on parenchymal integration or systemic biodistribution of the cells. Instead, a strong paracrine capacity might be the principal mechanism that contributes to immunomodulation and tissue repair.

Both routes of administration have potential limitations. Intravenous administration requires large quantities of cells to guarantee the delivery of an effective therapeutic cell number to the target organ due to the fact that cells are trapped in the lung capillaries in addition to the spleen, liver and kidney.\(^{35,36}\) The trapping effect is the major determinant of vascular obstruction and complications emerging thereof.\(^{35,36}\) Lung and cerebral microembolism are another important adverse event described by intravenous cell delivery and it might be a matter for concern when high cell doses are considered due to risk for clotting formation.\(^{37}\) However, different doses have been tested in the past for efficacy and toxicity in both routes of administration. No adverse effects have been reported with a dose of 10×10^6 cells/kg but a higher efficacy was observed than with a 5×10^6 cells/kg dose.\(^{38}\) In the present study, we did not observe any of the abovementioned adverse events and no animal died during or after cell delivery by intravenous and no haemodynamic changes such as tachycardia or severe hypotension were reported.

On the other hand, EB administration of the cells requires a flexible bronchoscopy, a procedure usually safe if performed by a trained specialist.\(^{39}\) However, for critically ill patients with acute hypoxaemic respiratory failure, this procedure may lead to deterioration of their condition. Complications such as severe hypoxaemia, cardiac arrhythmia, hypercapnia, haemorrhage, pneumothorax, laryngospasm and bronchospasm have been reported in these types of patients.\(^{40}\) Notably, as previously shown, we required 10-fold less stem cell number in the EB route compared with the intravenous route, ensuring the safety and efficacy of cells when administered intrabronchially.\(^{12}\)

The use of non-invasive image modalities provides real-time information of the cells in vivo. Previous studies in small animals demonstrated the labelling of MAPC or MSCs with [18F] FDG do not affect their biological properties or their cell proliferative activity.\(^{23,26}\) The PET/CT image fusion allows obtaining anatomical references for regions with increased [18F] FDG uptake.\(^{41}\) SUV is the parameter most widely used for molecular image quantification. However, image inspection by SUV parameter in the EB route is limited by the fact that there is no distribution of cells over time.

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**Table 2** Routine chemistry in the multipotent adultprogenitorcells groups for both routes of administration

<table>
<thead>
<tr>
<th>Variable</th>
<th>LPS/before cells</th>
<th>LPS/after cells</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Intravenous</td>
<td>EB</td>
</tr>
<tr>
<td>HR, bmp</td>
<td>98.6±9.7</td>
<td>103.6±7.8</td>
</tr>
<tr>
<td>MAP, mm Hg</td>
<td>55.8±5.8</td>
<td>75.6±26.6</td>
</tr>
<tr>
<td>Glucose</td>
<td>60.2±16</td>
<td>65.6±8.3</td>
</tr>
<tr>
<td>BUN, mg/dL</td>
<td>12.5±0.5</td>
<td>14.6±2.7</td>
</tr>
<tr>
<td>Creatinine, mg/dL</td>
<td>0.85±0.15</td>
<td>0.6±0.03</td>
</tr>
<tr>
<td>ALT, IU/L</td>
<td>&lt;10 ± 0</td>
<td>17.3±0.8</td>
</tr>
<tr>
<td>ALK P, IU/L</td>
<td>92.6±28.5</td>
<td>178.6±68</td>
</tr>
<tr>
<td>GGT, IU/L</td>
<td>29.5±0.5</td>
<td>33.6±2.3</td>
</tr>
</tbody>
</table>

Kidney and liver panels are within normal range. The EB group had a higher increase in MAP after infusion of LPS compared with the IT group. After the infusion of the cells both groups maintained similar values throughout the experiment. HR was initially high in both groups and was maintained stable during the entire experiment.

ALK, alkaline phosphatase; ALT, alanine aminotransferase; EB, endobronchial; GGT, gamma-glutamyl transferase; HR, heart rate; IT, Intratracheal; LPS, lipopolysaccharide; MAP, mean arterial pressure.
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Correction: Cell therapy for ARDS: efficacy of endobronchial versus intravenous administration and biodistribution of MAPCs in a large animal model


The name of the co-author of this paper was misspelt. Ergin Kocyildirim is the correct name.

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