

Supplementary Table 1. Exacerbation characteristics, symptom and event-based

Characteristic	Symptom-based	Event-based
Number of exacerbations	81	68
Exacerbations/patient/year	2.5 ± 1.8	2.5 ± 1.3
Exacerbation distribution		
None	4 (12.1)	6 (18.2)
One	4 (12.1)	6 (18.2)
Two	14 (42.4)	11 (33.3)
Three or more	11 (33.3)	10 (30.3)
Signs and symptoms		
dyspnea	73 (90.1)	62 (91.2)
fatigue	72 (88.9)	61 (89.7)
increased sputum	52 (64.2)	47 (69.1)
increased cough	47 (58)	38 (55.9)
changes in sputum color	38 (46.9)	36 (52.9)
wheezing	36 (44.4)	33 (48.5)
symptoms of cold or flu	28 (34.5)	26 (38.2)
chest tightness	26 (32.1)	22 (32.4)
fever	9 (11.1)	9 (13.2)
Total recovery time, days	13.14 ± 13.34	14.2 ± 14.12
Total recovery time distribution		
< 7 days	15 (19)	9 (13.2)
7 to 14 days	41 (51)	37 (54.4)
> 14 days	18 (22)	17 (25)
N/A	7 (9)	5 (7.35)
Treated recovery time, days		10.35 ± 10.46

Abbreviation: data not available, N/A.