EXPLORING ONLINE FORUMS TO UNDERSTAND PARENTS’ AND FAMILIES’ VIEWS ABOUT SOURCES OF SUPPORT AND RESOURCES FOR MANAGING CHILDREN’S SLEEP PROBLEMS IN THE COMMUNITY AND PRIMARY CARE

Methods A qualitative analysis of public posts about children’s sleep problems in primary care or the community, posted by parents/carers in online discussion forums. Searches will be conducted in three active online discussion forums using terms such as ‘sleep’, ‘doctor’ and ‘health visitor’. Data will be collected by viewing and downloading the first 300 relevant discussion threads and analysed based on inductive thematic analysis in Nvivo, by reading and rereading the data, by creating and revising a coding schedule and by refining the emerging themes and subthemes.

Results Data collection is on-going. Results will be presented at the conference.

Discussion This study will provide a valuable insight into parents’ and carers’ perceptions of the available support for children’s sleep problems in primary care and the community. This will help direct future research, to address areas for improvement and develop suitable support tools for Primary Care providers and families.

MANAGEMENT OF PAEDIATRIC SLEEP PROBLEMS IN PRIMARY CARE: A SYSTEMATIC REVIEW

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