

**OLS2**

Components of the Sleep Disorders Questionnaire completed by patients referred along the community OSA pathway

<b>Components of Sleep Disorders Questionnaire</b>
1. Demographic Details
2. Anthropometric Measurements (height, weight, body mass index)
3. Past Medical and Social History (including alcohol, tobacco and caffeine consumption)
4. Assessment of Somnolence using validated questionnaires: (i) Epworth Sleepiness Scale (ESS) (ii) Sleepiness-Wakefulness Inability and Fatigue Test (SWIFT)
5. OSA and upper airway symptoms (e.g. snoring, witnessed or experience apnoeas, rhinitis or previous upper airway surgery)
6. Assessment of sleep schedule and sleep hygiene
7. Screening for other sleep problems: Insomnia, Parasomnias, Movement Disorders